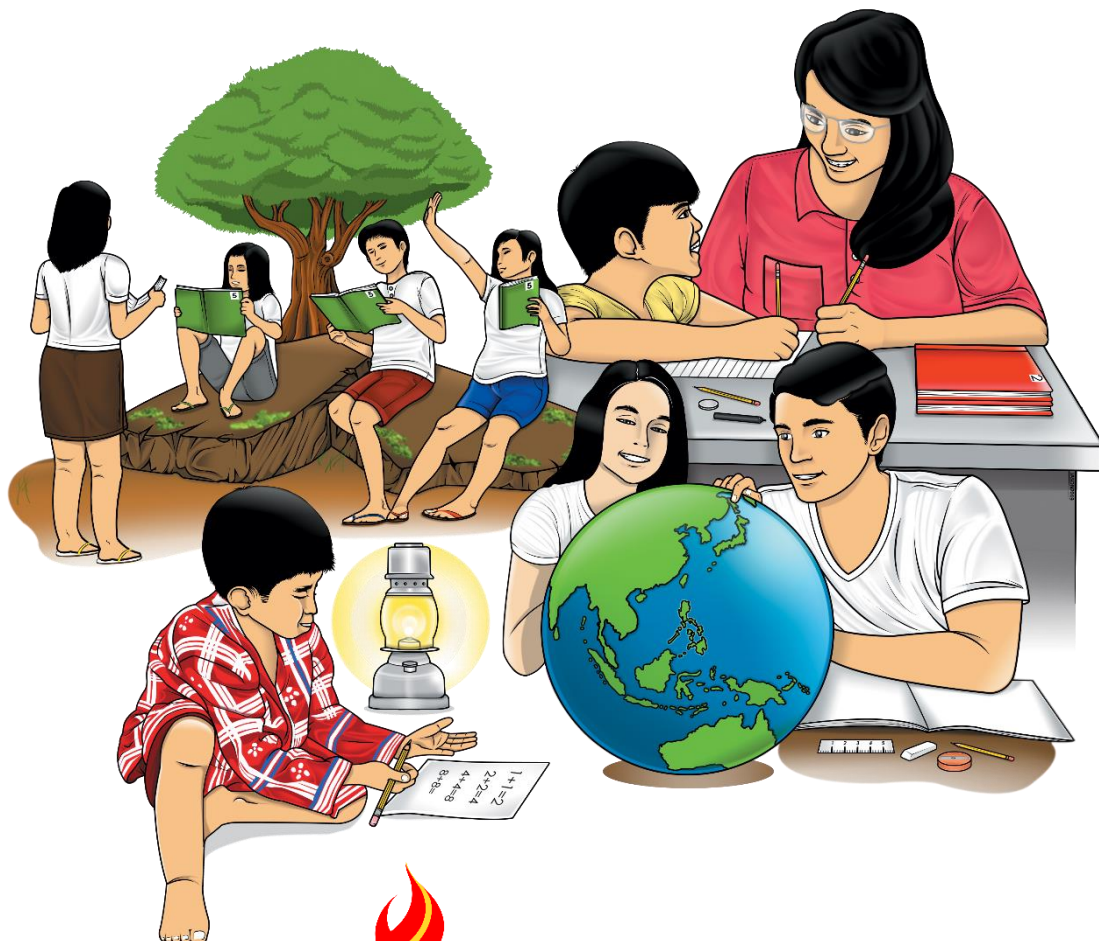


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Physical Education

Quarter 4 – Module 2: Different Festival Dances in the Philippines



Physical Education – Grade 7
Alternative Delivery Mode
Quarter 4 – Module 2: Different Festival Dances in the Philippines
First Edition, 2020

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Physical Education

**Quarter 4 – Module 2:
Different Festival Dances
in the Philippines**

Introductory Message

This Self-Learning Module (SLM) is prepared so that you, our dear learners, can continue your studies and learn while at home. Activities, questions, directions, exercises, and discussions are carefully stated for you to understand each lesson.

Each SLM is composed of different parts. Each part shall guide you step-by-step as you discover and understand the lesson prepared for you.

Pre-tests are provided to measure your prior knowledge on lessons in each SLM. This will tell you if you need to proceed on completing this module or if you need to ask your facilitator or your teacher's assistance for better understanding of the lesson. At the end of each module, you need to answer the post-test to self-check your learning. Answer keys are provided for each activity and test. We trust that you will be honest in using these.

In addition to the material in the main text, Notes to the Teacher are also provided to our facilitators and parents for strategies and reminders on how they can best help you on your home-based learning.

Please use this module with care. Do not put unnecessary marks on any part of this SLM. Use a separate sheet of paper in answering the exercises and tests. And read the instructions carefully before performing each task.

If you have any questions in using this SLM or any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator.

Thank you.



What I Need to Know

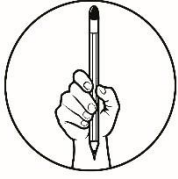
This module will help you know the different festival dances found in the Philippines. This will also help you enhance your understanding about the nature and background of each dance. It also provides a series of activities that can deepen your knowledge as you explore this chapter.

The module is about:

- Lesson 2 – Different Festival Dances in the Philippines

After going through this module, you are expected to:

1. describe the nature and background of the festival dance (PE7RD-IVc1)



What I Know

This activity will test your prior knowledge about festival dances in the Philippines.

I-Multiple Choice. Read the questions carefully. Write the letter of the correct answer on your answer sheet.

1. What is the festival dance which people celebrate as a thanksgiving for their abundant harvest in a community?
 - A. Seasonal festival dance
 - B. Secular festival dance
 - C. Philippine festival dance
 - D. Religious festival dance

2. What festival dance shows positivity and optimism through colorful and cheerful masks and pertains to resiliency of the people in the community?
 - A. Moriones festival
 - B. Ibalong festival
 - C. Maskara festival
 - D. Kalilangan festival

3. Which of the following religious festivals celebrate an event in Cebu City?
 - A. Dinagyang festival
 - B. Pahiyas festival
 - C. Sinulog festival
 - D. Ati-atihan festival

4. What festival dance characterized by movements shows reverence to a religious icon, believed to intercede in their personal lives?
 - A. Religious festival dance
 - B. Secular festival dance
 - C. National festival dance
 - D. Philippine festival dance

5. Why do the people in Baguio City celebrate the Panagbenga Festival?
 - A. To pay tribute to the beautiful flowers that bloom in their place.
 - B. To express gratitude by means of floral offering.
 - C. To celebrate the season of blooming.
 - D. To show all the different flowers found in their place.

6. Which of the following festival dances celebrate cultural and religious events in Iloilo City?
 - A. Ati-atihan
 - B. Dinagyang
 - C. Sinulog
 - D. Pahiyas

7. What festival dance is one of the country's biggest and colorful harvest festivals in the Philippines?
 - A. Ati-atihan
 - B. Dinagyang
 - C. Sinulog
 - D. Pahiyas

8. Which of the following festival dances in Cebu City is a ritual in honor of the Santo Niño image?
 - A. Ati-atihan
 - B. Dinagyang
 - C. Sinulog
 - D. Pahiyas

9. Why do people of Bacolod City celebrate Maskara Festival?
 - A. Because of the crisis they have faced.
 - B. Because of the positivity and resiliency in all problems.
 - C. Because of the cheerful masks.
 - D. Because the community is always happy.

10. In what particular place do people celebrate the bountiful harvest of sweet lanzones or it is known for its Lanzones Festival?
 - A. Panay Island
 - B. Camuigin Island
 - C. Guimaras Island
 - D. Negros Island

II- True or False. Write **TRUE** if the statement is correct and **FALSE** if it is not. Write your answer on the separate sheet of paper.

1. Festival dances are cultural dances performed with a strong beat of percussion instrument by community people sharing the same culture to honor their Patron Saints and to thank them for bountiful harvest.
2. Religious and secular are the nature of festival dances.
3. The Ibalong festival held in Baguio City celebrates the epic story of Ibalong who was accompanied by three legendary heroes in a battle.
4. Maskara Festival, an annual festival held in Marinduque refers to the masked and costumed penitents who marched around the town for seven days.
5. Sinulog, Ati-atihan and Dinagyang Festival are festivals done in honor of the Patron Saint.

Lesson**2****Different Festival Dances
in the Philippines**

Festivals are best reminders of our past, they are an expressive way of showing our artistic heritage, culture and tradition in our country. They play vital roles in our daily lives as we celebrate different kinds of events in our community. By celebrating the different festivals, we are given an opportunity to unite all people as a nation and be given a chance to show the community's pride and beauty so that the tourism and economy will be uplifted.

***What's In*****Word Hunt**

This activity will test your prior knowledge about the different dances in the Philippines. In the separate sheet of paper, list down 10 titles of the festival dances in the Philippines that can be found in the word puzzle below.

I	D	I	N	A	G	Y	A	N	G
N	A	W	A	Y	A	D	A	K	O
M	O	R	I	O	N	E	S	V	L
A	T	I	A	T	I	H	A	N	U
K	A	L	I	L	A	N	G	A	N
E	A	T	A	S	I	N	U	L	I
A	R	Y	P	A	H	I	Y	A	S
P	A	N	A	G	B	E	N	G	A
M	A	S	S	K	A	R	A	A	I
B	G	N	O	L	A	B	I	N	M

Process Questions:

1. How would you classify the words found in the puzzle?

2. Have you experienced watching one of these? If yes, what particular dance and when? Describe briefly.

To deepen your understanding and knowledge of the different festivals, read the information below:

There are varied forms of festivals in the Philippines. Filipinos celebrate most of these festivals as thanksgiving to their Patron Saints for giving them bountiful harvests. Through these celebrations, the Philippines is getting more and more popular all over the world. The Filipino people take the rare chance of showing their hospitable deeds to the foreign visitors who come to the country to witness these festivals. The hospitality shown by the Filipinos is well appreciated by the foreigners and this keeps them coming back to the country. Such a scenario leaves a positive impact on the tourism industry of the Philippines.



What's New

Activity: Shape it off!

Directions: In the table below are the different festival dances in the Philippines. Analyze the nature of the dance. Draw a circle (○) if it is a religious festival and triangle (△) if it is a secular dance or non-religious dance.

Festival Dances	Nature of the dance
1. Panagbenga Festival	
2. Sinulog Festival	
3. Dinagyang Festival	
4. Kadayawan Festival	
5. Pahiyas Festival	
6. Ati-atihan Festival	
7. Kalilangan Festival	
8. Bangus Festival	
9. Maskara Festival	
10. Ibalong Festival	



What is It

Festival dances are cultural dances performed with the strong beat of percussion instruments by the people in the community sharing the same culture. It is usually done in honor of a Patron Saint as thanksgiving for a bountiful harvest. Festival dances may be religious or secular in nature, but the best thing about festivals is that they add to the merry-making and festivities of the place. The reason why they are called festival dances after all. Festival dances draw the people's culture by portraying the people's way of life through movements and costumes.

Filipinos do festivals primarily to celebrate unity amidst diversity of cultures. The value of industry and hard work that brings about bountiful yield is also one of the reasons for the celebration. Festivals have been a consistent crowd-drawing activity which in a way uplifts the economy of one's place due to its tourism and entertainment value.

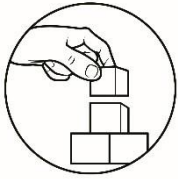
NATURE OF FESTIVAL DANCES

Festival Dances	Place of Origin	Background and Nature
A. Religious Festival Dance		These are dances characterized by movements showing reverence to a religious icon believed to have interceded in their personal lives. This celebration is an expression of thanksgiving for a bountiful harvest and for a favor or request granted to them through divine intercession.
• Ati-atihan Festival	Kalibo, Aklan	A feast held annually in January to honor the Santo Niño.
• Moriones Festival	Marinduque	An annual festival held during Holy week; it refers to the masked and costumed penitents who march around the town for seven days.
• Dinagyang Festival	Iloilo City	It is held to celebrate the arrival of Malay settlers in Panay.
• Sinulog Festival	Cebu City	The traditional and ritual dance in honor of Santo Niño.
• The Feast of Our Lady of Peñafrancia	Naga City, Bicol	The feast day is preceded by a novena in honor of the Lady of Peñafrancia.
• Pahiyas Festival	Lucban, Quezon	One of the country's biggest and most colorful harvest festivals in the Philippines. It celebrates an event to honor San Isidro Labrador, the patron saint of farmers

Festival Dance	Place of Origin	Background and Nature
B. Secular or Non-Religious Festival Dance	These are the dances which are celebrated by the different communities to showcase their different cultures and values of industry and unity. They performed along the streets as they celebrated their bountiful harvest accompanied by indigenous instruments.	
• Lanzones Festival	Camiguin Island	It is an annual thanksgiving celebration for the bountiful harvest of their sweet lanzones during the third week of October.
• Maskara Festival	Bacolod City	The celebration of positivity or optimism in which the images of colorful and cheerful masks help the community people to become resilient in their problems.
• Ibalong Festival	Legazpi City, Albay	It celebrates the epic story of Ibalong who was accompanied by three legendary heroes. People parade on the streets wearing masks and costumes to imitate the appearance of the heroes and villains, portraying the classic battles that made their way into history.
• Kalilangan Festival	General Santos, City	It celebrates the tradition of sharing, hospitality, and altruism as the part of the cultural heritage of Mindanao.
• Panagbenga Festival	Baguio City	It celebrates a tribute to the beautiful flowers that bloom in their community, further, a way of expressing their gratitude by means of floral offering in which the floats are covered with flowers to highlight the parade.

Source:

Department of Education. Physical Education and Health Teacher's Guide. Pasig City, Philippines, 2017.

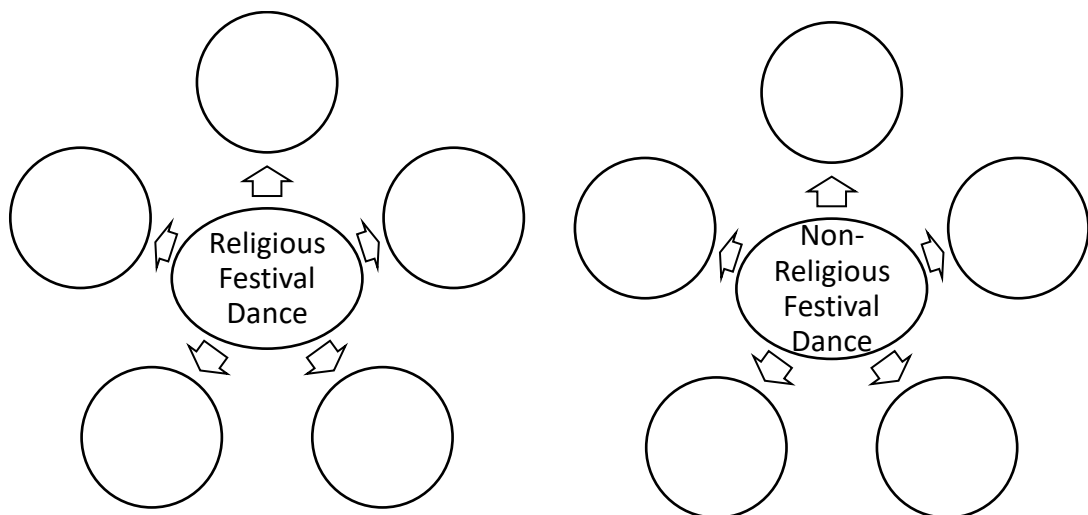


What's More

Activity 1: Concept Map

Below is a concept map where you will simply give the right word description for the nature of the dance. This task will help you to categorize what is religious from non-religious festival dances.

Directions: Choose from the box below the word or words that will best describe or categorize the given items in the concept map. Write your answer on a separate sheet of paper.



faith and belief

divine intercession

cooperation and unity

sacred and holy

industry products

abundant harvest

vegetable and fruits

thanksgiving ritual

religious icon

entertainment

colorful props

offering

Activity 2: Fill Me

Directions: Read carefully the given article below and fill in the table to complete the details of the festivals in the Philippines. Write your answer on a separate sheet of paper.

Festival dance	Place where it is celebrated	Date or month of celebration	Reason for the celebration
<i>Cultural with religious influence</i>			
Ati-atihan Festival	(1)	January	To honor the Santo Niño
Sinulog Festival	Cebu City	January	(2)
Pahiyas Festival	Quezon Province	(3)	To thank for an abundant harvest
Peñafrancia Festival	Bicol	January	(4)
Dinagyang Festival	Iloilo City	(5)	To celebrate the arrival of Malay settlers
<i>Indigenous influence or non-religious</i>			
Lanzones Festival	(6)	October	To thank for bountiful harvest
Maskara Festival	Bacolod City	April	(7)
Ibalong Festival	Albay	August	(8)
Kalilangan Festival	(9)	February	To exchange gifts
Panagbenga Festival	Baguio	February	(10)

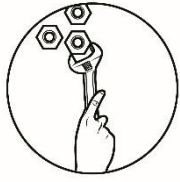


What I Have Learned

Activity: Complete me

Directions: Complete the following paragraphs or sentences below by writing the word/s to summarize the different festival dances in the Philippines based on the lesson learned. Write your answer on a separate sheet of paper.

1. _____ are usually done in different celebrations such as fiestas, weddings, thanksgivings and other occasions, are cultural dances performed by the community people sharing their cultures. They are accompanied by loud and heavy beats of drums.
2. Religious Festival Dance is celebrated in honor of a _____.
3. Examples of _____ are Sinulog, Ati-atihan, Dinagyang, Peñafrancia, Pahiyas and Moriones Festival.
4. _____ are the dances which are celebrated by the different community to showcase the different cultures and values of industry and unity. These are performed on streets as the people celebrate their bountiful harvest accompanied by indigenous instruments.
5. Examples of _____ are Maskara, Kalilangan, Lanzones, Panagbenga and Ibalong Festival.



What I Can Do

Activity: Draw and Tell

Directions: Draw the highlight of the given festival dances below. If you have your own festival in your locality, you may use it. Write 3 to 5 words to describe your drawing. Use bond paper, pencil and crayons for this activity. Kindly refer to the given criteria below.

Panagbenga Festival

Moriones Festival

Pahiyas Festival

Ati-atihan Festival

CRITERIA	Excellent 4	Good 3	Average 2	Needs Improvement 1	Score
Creativity (Expression of ideas and imagination)					
Craftsmanship (Completed the artwork neat and clean)					
Accuracy (Relevant idea to the given festival dance)					
Total					



Assessment

I- Multiple Choice. Choose and write the letter of the correct answer on the separate sheet of paper.

1. What festival dance is characterized by movements showing reverence to a religious icon believed to have interceded in the personal life of an individual?
 - A. Secular festival dance
 - B. Religious festival dance
 - C. Ethnic dance
 - D. National festival dance

2. What is the festival dance in which people show the different products in their community? This is celebrated as thanksgiving for their abundant harvest.
 - A. Seasonal festival dance
 - B. Secular festival dance
 - C. Philippine festival dance
 - D. Religious festival dance

3. Why do people of Bacolod City celebrate Maskara Festival?
 - A. Because of the crisis they have faced.
 - B. Because of the positivity and resiliency in all problems.
 - C. Because of the cheerful masks.
 - D. Because the community is always happy.

4. Which of the festival dances in the Philippines refers to the season of blossom or the floral offering as thanksgiving?
 - A. Flores de Mayo
 - B. Colorful Flower Festival
 - C. Panagbenga Festival
 - D. Bloom season

5. All of the following are festival dances honoring the Patron Saint, EXCEPT:
 - A. Sinulog
 - B. Dinagyang
 - C. Ati-atihan
 - D. Pahiyas

6. Which of the following festival dances in the Philippines is performed to honor San Isidro Labrador? It is known as one of the most colorful harvest festivals of the farmers.
 - A. Moriones
 - B. Pahiyas
 - C. Kadayawan
 - D. Pahiyas

7. It is a festival dance in Davao in which people celebrate the bountiful harvest of fruits and vegetables.
 - A. Kadayawan
 - B. Ibalong
 - C. Arawatan
 - D. Lanzones

8. What festival dance refers to the epic story where the people parade on the streets wearing masks and costumes to imitate the appearances of the heroes and villains?
 - A. Ibalong
 - B. Penafrancia
 - C. Maskara
 - D. Moriones

9. This is a festival dance that refers to the colorful evening procession by the devotees shouting “Viva La Virgen”.
- The Feast of our Lady Peñafrancia
 - Virgin Madonna of Peñafrancia
 - Sinulog
 - Dinagyang
10. All of the following refers to how festival dances are celebrated, EXCEPT:
- To give respect and honor to the patron saint.
 - To showcase different industries of each place in the Philippines.
 - To strengthen the unity and teamwork of the people in the community
 - To display the mastery of the dance.

II- Matching Type. Match the following festivals in column **A** with the correct place of origin in column **B**. Write your answer on the separate sheet of paper.

A	B
1. Pahiyas Festival	a. Naga City, Bicol
2. Maskara Festival	b. Iloilo City
3. Dinagyang Festival	c. Isabela
4. Ibalong Festival	d. Bacolod City
5. Peñafrancia Festival	e. Quezon Province
	f. Legazpi City, Albay



Additional Activities

Activity: Be a Reporter

1. Ask and interview one family member who knows about the history, nature and background of a local festival in your place or any festival that he/she knows.
2. Use the following guidelines below on how you present your task.

MY LOCAL FESTIVAL DANCE

Name of the dance: _____

Place and Origin: _____

Props: _____

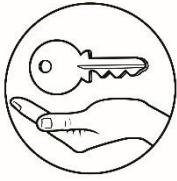
How do people of the community celebrate it?

What are the events and activities usually done during this festival?

Why should other people witness this kind of activity?

3. Record or video yourself while doing your reporting and submit it to your teacher through email or messenger if camera or cellphone isn't available, you can have your actual performance during assessment day.

NOTE **Kindly submit your outputs and execute your task on assessment day.*



Answer Key

<p style="text-align: center;">What's In</p> <p style="text-align: center;">Word Hunt</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr><td>I</td><td>D</td><td>I</td><td>N</td><td>A</td><td>G</td><td>Y</td><td>A</td><td>N</td><td>G</td></tr> <tr><td>N</td><td>A</td><td>W</td><td>A</td><td>V</td><td>A</td><td>D</td><td>A</td><td>K</td><td>O</td></tr> <tr><td>M</td><td>O</td><td>R</td><td>I</td><td>O</td><td>N</td><td>E</td><td>S</td><td>V</td><td>L</td></tr> <tr><td>A</td><td>T</td><td>I</td><td>A</td><td>H</td><td>I</td><td>A</td><td>N</td><td>N</td><td>U</td></tr> <tr><td>E</td><td>A</td><td>T</td><td>A</td><td>S</td><td>I</td><td>N</td><td>U</td><td>L</td><td>I</td></tr> <tr><td>A</td><td>R</td><td>Y</td><td>P</td><td>A</td><td>H</td><td>I</td><td>V</td><td>A</td><td>S</td></tr> <tr><td>P</td><td>A</td><td>N</td><td>A</td><td>G</td><td>B</td><td>E</td><td>N</td><td>G</td><td>F</td></tr> <tr><td>M</td><td>A</td><td>S</td><td>S</td><td>K</td><td>A</td><td>R</td><td>A</td><td>A</td><td>I</td></tr> <tr><td>B</td><td>G</td><td>N</td><td>O</td><td>L</td><td>A</td><td>B</td><td>I</td><td>N</td><td>M</td></tr> </table>	I	D	I	N	A	G	Y	A	N	G	N	A	W	A	V	A	D	A	K	O	M	O	R	I	O	N	E	S	V	L	A	T	I	A	H	I	A	N	N	U	E	A	T	A	S	I	N	U	L	I	A	R	Y	P	A	H	I	V	A	S	P	A	N	A	G	B	E	N	G	F	M	A	S	S	K	A	R	A	A	I	B	G	N	O	L	A	B	I	N	M	<p style="text-align: center;">What I Know</p> <p style="text-align: center;">I</p> <ol style="list-style-type: none"> 1. B 2. C 3. B 4. A 5. D 6. B 7. C 8. D 9. A 10. B <p style="text-align: center;">II</p> <ol style="list-style-type: none"> 1. TRUE 2. TRUE 3. FALSE 4. FALSE 5. TRUE
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<p style="text-align: center;">What's More</p> <p style="text-align: center;">Activity 1: Concept Map</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <p>faith and belief</p> </div> <div style="text-align: center;"> <p>religious icon</p> </div> </div>	<p style="text-align: center;">What's New</p> <ol style="list-style-type: none"> 1. <input type="checkbox"/> 2. <input type="checkbox"/> 3. <input type="checkbox"/> 4. <input type="checkbox"/> 5. <input type="checkbox"/> 6. <input type="checkbox"/> 7. <input type="checkbox"/> 8. <input type="checkbox"/> 9. <input type="checkbox"/> 10. <input type="checkbox"/> 																																																																																										

<p style="text-align: center;">Assessment</p> <p style="text-align: center;">I.</p> <p>1. B 2. C 3. B 4. A 5. D 6. B 7. C 8. D 9. A 10. B</p> <p style="text-align: center;">II.</p> <p>11. TRUE 12. TRUE 13. FALSE 14. FALSE 15. TRUE</p>	<p style="text-align: center;">Activity 2: Fill Me</p> <ol style="list-style-type: none"> 1. Aklan 2. To Honor the Santo Niño 3. May 4. To honor the Virgin Lady Peñafrancia 5. January 6. Camiguin Island 7. Positive and optimism 8. To celebrate the epic story of Ibalong 9. Davao City 10. To celebrate the season of blooming
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References

Department of Education. Physical Education and Health Teacher's Guide. Pasig City, Philippines, 2017.

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