

Health

Quarter 4 – Module 2: Intentional Injury (Domestic Violence)



Health – Grade 9
Alternative Delivery Mode
Quarter 4 – Module 2: Intentional Injury (Domestic Violence)
First Edition, 2020

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Introductory Message

This Self-Learning Module (SLM) is prepared so that you, our dear learners, can continue your studies and learn while at home. Activities, questions, directions, exercises, and discussions are carefully stated for you to understand each lesson.

Each SLM is composed of different parts. Each part shall guide you step-by-step as you discover and understand the lesson prepared for you.

Pre-tests are provided to measure your prior knowledge on lessons in each SLM. This will tell you if you need to proceed on completing this module or if you need to ask your facilitator or your teacher's assistance for better understanding of the lesson. At the end of each module, you need to answer the post-test to self-check your learning. Answer keys are provided for each activity and test. We trust that you will be honest in using these.

In addition to the material in the main text, Notes to the Teacher are also provided to our facilitators and parents for strategies and reminders on how they can best help you on your home-based learning.

Please use this module with care. Do not put unnecessary marks on any part of this SLM. Use a separate sheet of paper in answering the exercises and tests. And read the instructions carefully before performing each task.

If you have any questions in using this SLM or any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator.

Thank you.



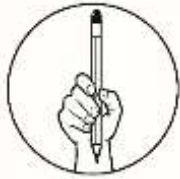
What I Need to Know

Intentional injuries happen when people bring harm to themselves or others on purpose. There are different types of acts or situations which may lead to intentional injury. Even when people are locked down in their home, violence still happens.

This module further elaborates the scope of intentional injury specifically the nature and background of Domestic Violence. It is expected that you will acquire additional knowledge which you can use to identify domestic violence and come up with better judgement on how to address them.

To achieve the objective cited above, you are expected to do the following:

1. Take time to read the lessons carefully;
2. Follow the directions and/or instructions for each activity diligently; and
3. Accomplish all tests and exercises honestly



What I Know

Matching type:

Direction: Match column A with Column B. Write the letter of your answer on the blank before the number.

- | A | B |
|--|-----------------------|
| _____ 1. Attempt is when someone harms themselves with any intent to end their life | A. Intentional injury |
| _____ 2. An act that included physical assault (hitting, pushing and shoving) sexual abuse, and verbal abuse. | B. Kidnapping |
| _____ 3. An unwanted aggressive behavior. The behavior is repeated or an overtime. | C. Extortion |
| _____ 4. A suicide attempt in which a person does not intend to die. | D. Gang |
| _____ 5. A pattern that makes you feel afraid nervous, harassed or in danger. It is when someone repeatedly contacts you and follow you. | E. Fraternity |
| _____ 6. Injuries resulting from violence. | F. Suicide |
| _____ 7. Is taking away or forcefully moving a person against his/her will and holding him/her in unjust captivity. | G. Domestic violence |
| _____ 8. Is the act of using force or threats to force people to have over their money or properties on favors. | H. Bullying |
| _____ 9. Is a street-based group of young people who regard themselves and may be seen by others as a group that engages in a range of criminal activity and violence. | I. Parasuicide |
| _____ 10. A group of people with similar backgrounds, occupation, interest, or taste. | J. Stalking |

Lesson

1

Intentional Injury: (Domestic Violence)

Domestic Violence happens within the family or within other types of relationships where people live together, like spouse abuse, siblings hurting each other, or parents/maltreating their children.

Domestic violence is just one of the many intentional injuries happening around us. You need to be conscious and vigilant about such conditions. As a student, you can do so much to avoid such injury from happening especially to your loved ones. It is your responsibility to report and seek help from proper authorities if you observe something you think may lead to domestic violence.

Take part in spreading love and care within and outside your family.



What's In

Fill in the missing letters to complete the word. Write your answer in a separate sheet of paper.

1.

b		l	l	y		n	g
---	--	---	---	---	--	---	---
2.

s	t		l		i	n	g
---	---	--	---	--	---	---	---
3.

g		n	
---	--	---	--
4.

d		m		s	t		c	v			l		n	c	
---	--	---	--	---	---	--	---	---	--	--	---	--	---	---	--
5.

f	r		t		r	n		t	
---	---	--	---	--	---	---	--	---	--



What's New

The term "**intentional injuries**" refer to **injuries** resulting from purposeful human action, whether directed at oneself or others. It also includes self-inflicted and interpersonal acts of violence intended to cause harm. It was divided into two self-inflicted and assault. Suicide and parasuicide are intentional injuries that are self-inflicted while assault was committed from family, peers and other group of people.

Activity: Fix Me!

Directions: Inside each box is an example of action leading to intentional injury. Based on the given clues, arrange the jumbled letters to its correct arrangement to get the correct answer.

STODICMC NEOVELIC _____ -an act of physical assault, sexual abuse and verbal abuse	ORTEXNITO _____ -to hand over their money or properties.	PANGDIKPIN _____ -holding a person in unjust captivity.
ICEDUSI _____ -taking of one's own life	APER _____ -forced sexual intercourse	

Answer the question below:

1. Based on the examples of intentional injuries given above what are the effects on intentional injuries on the victims?



What is It

Domestic Violence

Domestic violence is an act that includes physical assault (hitting, pushing, shoving, etc.), sexual abuse (unwanted or forced sexual activity), and verbal abuse. These are behaviors that are used by one person in a relationship who tries to control the other. This may occur to partners who may be married or not married. They maybe heterosexual or homosexual couple or living together, separated, or dating. Domestic violence includes abuse and actions such as:

- Name-calling or putdowns
- Keeping a partner from contacting his/her family friend
- Withholding money/allowance or denying financial support
- Stopping a partner from getting or keeping a job
- Actual or threatened physical harm
- Sexual assault
- Stalking
- Intimidation

Who are the possible victims of domestic violence? Anyone can be a victim, or at risk of domestic violence, especially if their partner:

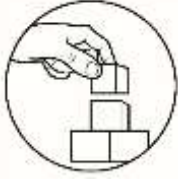
- Is very jealous and/or spies on him/her
- Will not let him/her break off the relationship
- Hurts him/her in any way, is violent, or brags about hurting other people
- Puts him/her down or makes him/her feel bad
- Forces him/her to have sex or makes him/her afraid to say no to sex
- Abuses drugs or alcohol; pressures him/her to use drugs or alcohol
- Has a history of bad relationships and blames it on others.

There are some children who experience domestic violence in their homes. Their parents may think that their children do not know about the violence, but most of the time, the children are aware of it. They can feel helpless, scared and upset. Some of them blame themselves as they feel like the violence is their fault. Nevertheless, children in a violent home experience different problems as they grow up and these problems do not go away on their own. They can be there even as the child gets older.

Activity: Let's Do It

Answer the question for each situation. Copy the table and write your answer on your answer sheet.

Situation	What are you thinking?	What are your feelings?	What will you do?
Your best friend revealed to you that she is being molested by her uncle.			
While playing, you accidentally broke an expensive glassware and this made your mother angry and hit you.			
During class discussion, your teacher caught you talking with your seatmate. He got mad and gave you unreasonable punishment.			



What's More

Directions: Read the excerpt below and answer the given questions. Write your answer on your answer sheet.

Article 19 (Protection from all forms of violence): children have the right to be protected from being hurt and mistreated, physically or mentally. Governments should ensure that children are properly cared for and protect them from violence, abuse and neglect by their parents, or anyone else who looks after them. In terms of discipline, the Convention does not specify what forms of punishment parents should use. However, any form of discipline involving violence is unacceptable. There are ways to discipline children that are effective in helping children learn about family and social expectations for their behavior – ones that are non-violent, are appropriate to the child's level of development and take the best interests of the child into consideration.

Article 34 (Sexual exploitation): Government should protect children from all forms of sexual exploitation and abuse.

Article 35 (Abduction, sale and trafficking): the government should take all measures possible to make sure that children are not abducted, sold or trafficked.

(An excerpt from the Convention on the Rights of the Child hosted by the United Nations).

1. Explain the excerpt that you have read?
2. Do you think the Philippine government has done its duty of protecting the welfare of children against violent actions and behaviors resulting to intentional injuries? Cite example to support your answer.
3. If you were given a chance to talk to the government officials keep you safe from intentional injuries, what would you say to them?

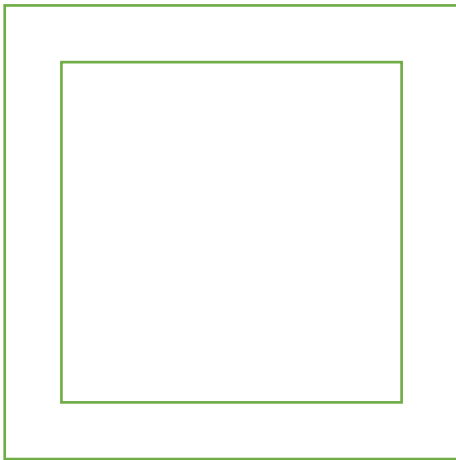


What I Have Learned

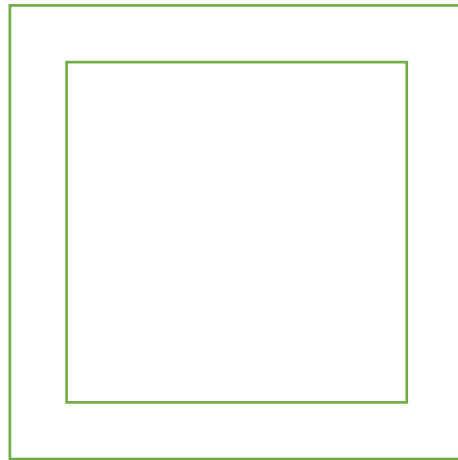
Activity: Reality Strikes

Directions: Cut out 4 pictures showing domestic violence and paste them in your journal. Provide information for each picture by answering the processing questions.

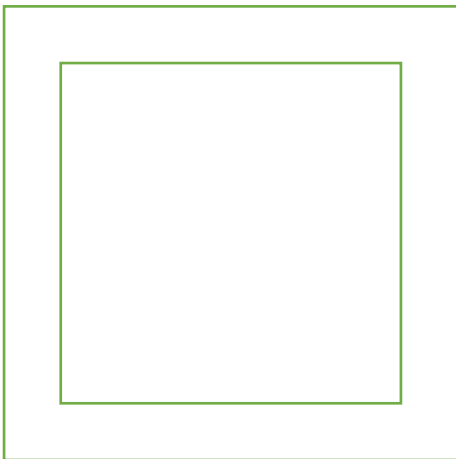
Picture 1



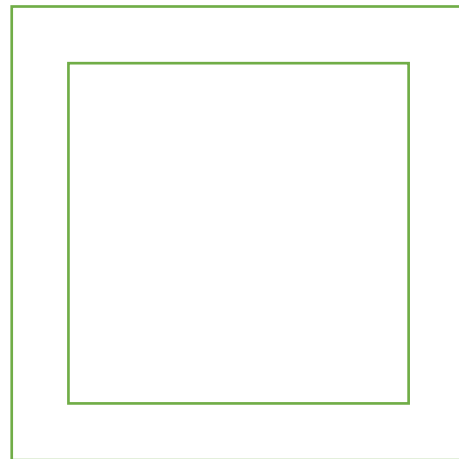
Picture 2



Picture 3



Picture 4



Processing Questions:

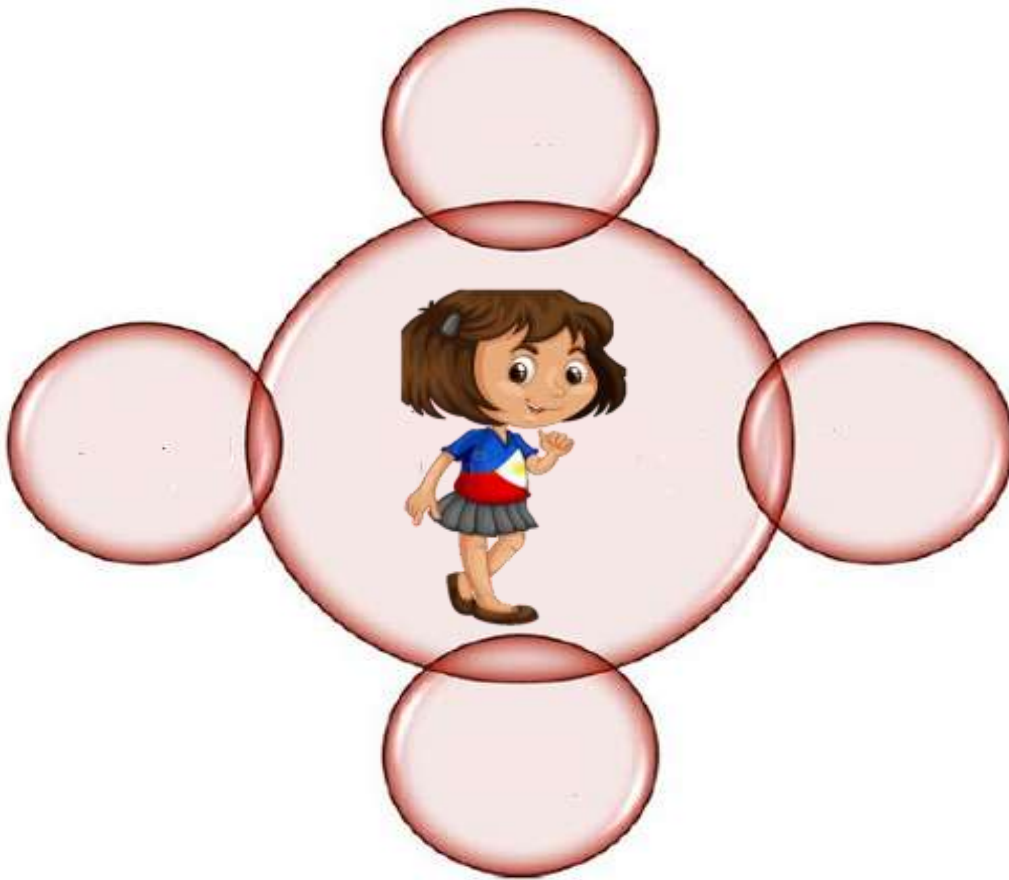
1. Identify the type of injuries depicted in your chosen pictures.
2. Suggest ways on how to avoid the presented injuries.



What I Can Do

Activity A: Happy to be with you.

Directions: Inside the circle, name and draw the face of the person you trusted the most. Then answer the following questions below. Write your answer on a separate paper.



Activity B: From the activity above, who would you tell if you were in the following situations and why?

- a. Verbally abused by a teacher
- b. Physically abuse by your parents;
- c. Sexually abused by your relatives.
- d. You are being bullied by your classmates



Answer Key

<p>Assessment</p> <ol style="list-style-type: none">1. C2. C3. D4. A5. B

<p>What's New</p> <ol style="list-style-type: none">1. DOMESTIC VIOLENCE2. EXTORTION3. KIDNAPPING4. SUICIDE5. RAPE

<p>What I Know</p> <ol style="list-style-type: none">1. F2. G3. H4. I5. J6. A7. B8. C9. D10. E
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References

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Physical Education and Health 9 Learner's Module, First Edition Quezon City, 2014.

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