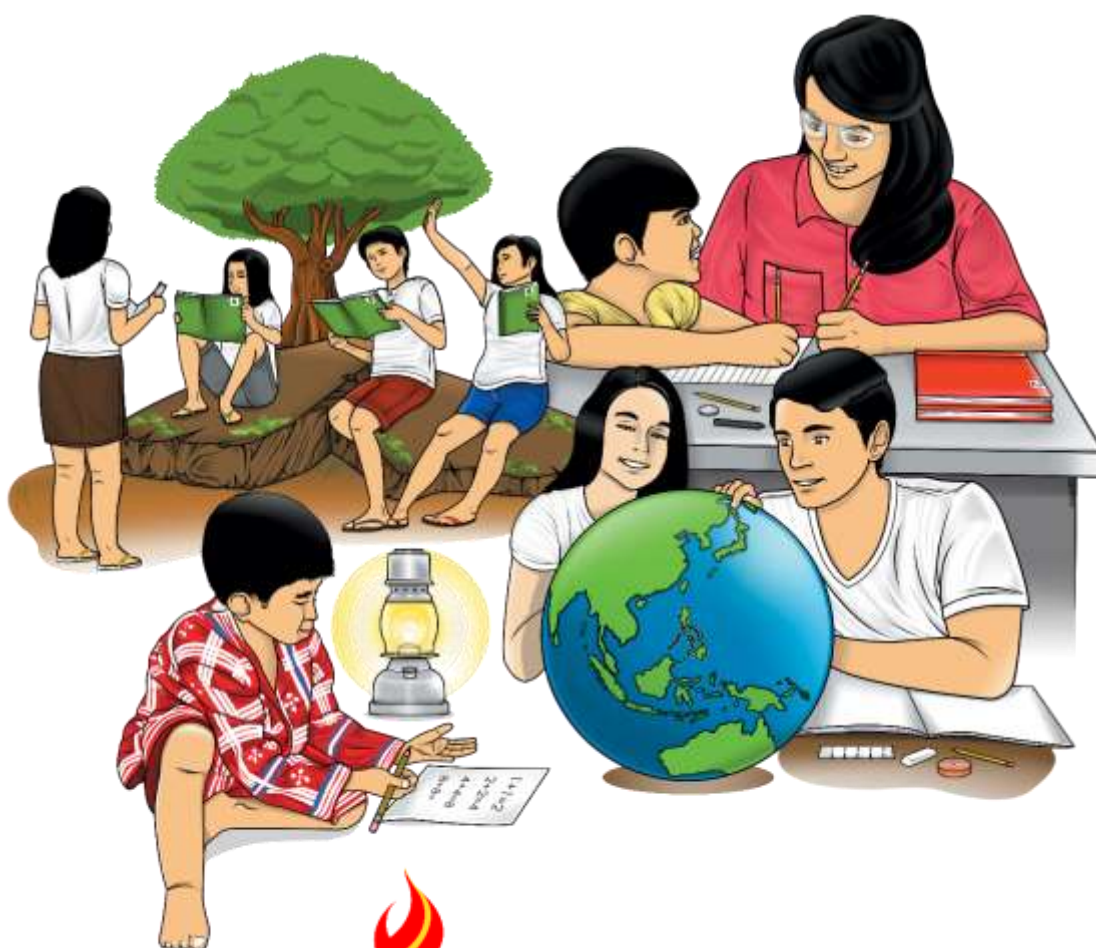


# Health

## Quarter 4 - Module 1

### Intentional and Unintentional Injuries



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**Health - Grade 9**  
**Alternative Delivery Mode**  
**Quarter 1 - Module 1: Intentional and Unintentional Injuries**  
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# Health

Quarter 4 - Module 1

**Intentional and Unintentional  
Injuries**

## **Introductory Message**

This Self-Learning Module (SLM) is prepared so that you, our dear learners, can continue your studies and learn while at home. Activities, questions, directions, exercises, and discussions are carefully stated for you to understand each lesson.

Each SLM is composed of different parts. Each part shall guide you step-by-step as you discover and understand the lesson prepared for you.

Pre-tests are provided to measure your prior knowledge on lessons in each SLM. This will tell you if you need to proceed on completing this module or if you need to ask your facilitator or your teacher's assistance for better understanding of the lesson. At the end of each module, you need to answer the post-test to self-check your learning. Answer keys are provided for each activity and test. We trust that you will be honest in using these.

In addition to the material in the main text, Notes to the Teacher are also provided to our facilitators and parents for strategies and reminders on how they can best help you on your home-based learning.

Please use this module with care. Do not put unnecessary marks on any part of this SLM. Use a separate sheet of paper in answering the exercises and tests. And read the instructions carefully before performing each task.

If you have any questions in using this SLM or any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator.

Thank you.



## What I Need to Know

This module aims to facilitate learning in the most learner-friendly approach. For this week's learning, you are expected to:

- Differentiate intentional injuries from unintentional injuries.

### Lesson

# 1

## Intentional and Unintentional Injuries



## What's New

Activity 1: Ouch! I'm Hurt!

Directions: In the box are examples of intentional and unintentional injuries. Classify whether the given examples are Intentional or Unintentional injury. Write your answers on the box provided.

Suffocation	Bullying	Drowning	Burns	Rape
Extortion	Shoving	Battering	Vehicular accident	
Abbrassion				

Unintentional Injury

Intentional Injury

INJURIES

Based on your answer above, construct your own definition of what Injury is. Write your answer in 2-3 sentences.



## ***What is It***

Injury is a general term that refers to damage caused by accidents, falls, hits, weapons, and more. It is commonly classified as intentional and unintentional. **Intentional injuries** occur with purposeful intent and include homicide, suicide, domestic violence, sexual assault, bias related violence and firearms. On the other hand, **unintentional injuries** occur without purposeful intent, burns, drowning, falls, poisoning and road traffic accidents leading cause of death and disability.

In the school, there are different circumstances or events that lead to injury. The most common causes of students' injury inside the school are slipping and falling accidents. Students can fall due to wet floors in the corridors, slippery gym floors, broken or missing stair handrails, and falling from bleachers. In the playground, injuries may happen due to lack of supervision, poor yard care, and broken playground equipment.

School accidents are inevitable, administrators and teachers should do everything possible to reduce accidents and injuries. As a student, you are encouraged to have a deep knowledge and enough skills needed to promote safety and prevent injuries.

### **Activity 2:**

Directions: Imagine yourself to be inside the places identified below or recall any experiences you had being in those places. Using the table, identify one example of intentional and unintentional injury you may encounter or have encountered in the different identified places. Cite specific situation for your answers.

<b>Place/Area</b>	<b>Intentional Injury</b>	<b>Unintentional Injury</b>
<b>House</b>		
<b>School</b>		
<b>Street</b>		
<b>Farm</b>		
<b>Sea</b>		

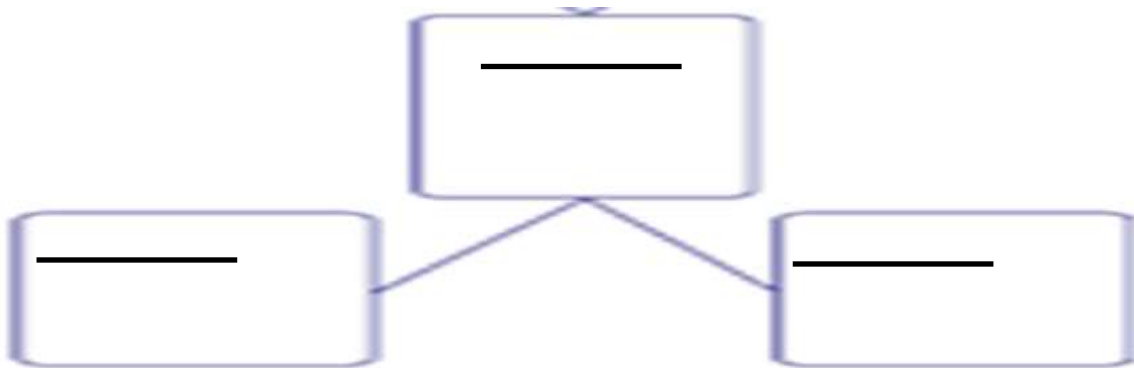


## ***What's More***

Intentional injuries are injuries resulting from violence. It can divide into two: self-inflicted, when a person harms himself/herself on purpose and assault, when person/persons harm another on purpose. Suicide and parasuicide are example self-inflicted while assault are violence committed within the family, peers and other group of people. Domestic violence may happen in the family when one or more members of the family harms or abuses another family member. Peers in school or in the community may commit bullying, stalking, and extortion. Other groups may commit gang and youth violence like illegal fraternity-related violence, kidnapping and abduction, and different acts of terror. Sexual victimization and other forms of abuse and harassment may commit by verbal abuse, incest, molestation or rape.

### Activity 3: Concept Map

Direction: Based on the description above, create your own concept map on intentional injuries. You may use the sample format below. Write your answer on the separate sheet of paper.





## ***What I Have Learned***

### **Activity 4: Flash news**

Direction: Identify the following news headlines whether it is intentional and unintentional injury. Write your answer on a separate sheet of paper.

	Intentional	Unintentional
1. <i>Isang lalaki sa sobrang kalasingan nasagasaan</i>		
2. <i>Riot ng mga gang, nauwi sa madugong wakas!</i>		
3. <i>Dalagita, nalunod sa baha!</i>		
4. Boy, 8, KIDNAPPED IN CDO		
5. Neophyte, killed in hazing		



## ***What I Can Do***

### **Activity 5: Watch Out!**

Directions: Based on the TV shows that you have recently watched, write or draw the scene showing the occurrence of injuries. Then, answer the guide questions below.

Guide Questions:

1. From what type or genre of TV show did you get the scene?
2. Is this suitable for your age? Why?
3. If you were the on the scene, what should you do to prevent from injury?
4. Do you enjoy watching the show? Why?



## Summary

Injury, also known as physical trauma, is damage to the body caused by external force. This may be caused by accidents, falls, hits, weapons, and other causes. Major trauma is injury that has the potential to cause prolonged disability or death. Injuries are classified into two categories “Intentional and Unintentional Injuries”. Intentional injuries are injuries that occur with purposeful intent and include homicide, suicide, domestic violence, sexual assault and rape, bias related violence and firearms. Unintentional injuries are injuries that occur without purposeful intent, and are a leading cause of death and disability.

Intentional injuries are injuries resulting from violence. It can be divided into two: self-inflicted, when a person harms himself/herself on purpose and assault, when person/persons harm another on purpose. Suicide and parasuicide are example self-inflicted while assault are violence committed within the family, peers and other group of people.



## Assessment

Direction: Identify the following situations whether intentional injury or unintentional injury. Put a check on the corresponding column.

	INTENTIONAL INJURY	UNINTENTIONAL INJURY
1. A farmer's child was accidentally poisoned by pesticides.		
2. A wife got blacked eye because she was hit by her husband.		
3. A boy was hospitalized because of fraternity initiation.		
4. Mary suffers ankle dislocation due to falling from the stairway.		
5. A student teased and taking his belonging by a group of students.		



## ***Answer Key***

<b>Assessment</b>
1. Unintentional
2. Intentional
3. Intentional
4. Unintentional
5. Intentional

<b>Pre-test</b>
1. FALSE
2. TRUE
3. FALSE
4. TRUE
5. FALSE
6. FALSE
7. FALSE
8. TRUE
9. FALSE
10. TRUE

## ***References***

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