

Health

Quarter 4 – Module 2: The Different Components of Consumer Health



Health – Grade 6
Alternative Delivery Mode
Quarter 4 – Module 2: The Different Components of Consumer Health

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Health

**Quarter 4 – Module 2:
The Different Components of
Consumer Health**

Introductory Message

This Self-Learning Module (SLM) is prepared so that you, our dear learners, can continue your studies and learn while at home. Activities, questions, directions, exercises, and discussions are carefully stated for you to understand each lesson.

Each SLM is composed of different parts. Each part shall guide you step-by-step as you discover and understand the lesson prepared for you.

Pre-tests are provided to measure your prior knowledge on lessons in each SLM. This will tell you if you need to proceed on completing this module or if you need to ask your facilitator or your teacher's assistance for better understanding of the lesson. At the end of each module, you need to answer the post-test to self-check your learning. Answer keys are provided for each activity and test. We trust that you will be honest in using these.

In addition to the material in the main text, Notes to the Teacher are also provided to our facilitators and parents for strategies and reminders on how they can best help you on your home-based learning.

Please use this module with care. Do not put unnecessary marks on any part of this SLM. Use a separate sheet of paper in answering the exercises and tests. And read the instructions carefully before performing each task.

If you have any questions in using this SLM or any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator.

Thank you.



What I Need to Know

This module was designed and written with you in mind. It is here to help you describe the different components of consumer health.

The module consists of only one lesson:

Lesson 1 – The Different Components of Consumer Health

- Health Information
- Health Products
- Health Services

After going through this module, you are expected to:

1. Enumerate the components of consumer health (**MELC-H6CH-IVbc-14**).
2. Describe the different components of consumer health (**MELC-H6CH-IVcd-15**).



What I Know

A. Directions: Read each item carefully. Choose the letter which best describes the statement. Write your answer in your answer sheet.

1. It is a place where injured and sick people look for medical and surgical care.
A. Mall
B. Hospital
C. Beauty Parlor

2. A substance that is in a form of pill or liquid being used to treat and relieve pain and illnesses.
A. Medicine
B. Beauty Soap
C. Lipstick

3. A person who prescribes medicine to treat illnesses and injuries to improve patient's health.
A. Physician
B. Veterinarian
C. Lawyer

4. It is a connection to computers via routers and servers to provide health information.
A. Internet
B. Bluetooth
C. Share It

5. This is a place where people can go to have beauty treatments such as haircut, foot spa and others.
A. Beauty Parlor
B. Computer Shop
C. Photo Shop

B. Directions: Match Column A with Column B. Write the letter only that best describes the word in Column A. Write your answer in your notebook.

Column A

Column B

- | | |
|----------------|---|
| 1. Media | A. A public health insurance which provides healthcare to people. |
| 2. Internet | B. It is a means of communication like radio and television. |
| 3. Phil-Health | C. A store where drugs are sold. |
| 4. Pharmacy | D. A shop where men and women can have their haircut. |
| 5. Barbershop | E. A global network that provides information from interconnected networks. |

**Quarter 4
Module
2**

**Enumerates and
Describes the Different
Components of
Consumer Health**



What's In

Consumer health has three different components. These are health information, health products and health services.

1 Health Information

2 Health Products

3 Health Services

These are data and facts about health products and services you can get from media and people including professionals and agencies.



These are substances, materials or equipment prepared or manufactured for you to buy and use for the maintenance and the treatment of diseases.



These are actions, procedures or works performed for health professionals, organizations or institutions to help satisfy needs and wants of consumers.

They are offered in places that give health care services.





What's New

Directions: Study the chart below to be familiar with the examples of the different components of consumer health.

Components of Consumer Health	Example	Description
1. Health Information	Internet 	Internet is a connection to the computer or gadget anywhere in the world. It can provide information you need to know.
2. Health Services	Physician 	A physician is a person who prescribes medicines to treat illnesses and injuries that can improve patient's health. He can also be a source of health information.
	Hospital 	Hospital is a facility where sick or injured people are given medical or surgical care. It can also provide health information.
	Barbershop 	Barbershop is a place where people can go to have a haircut
3. Health Products	Medicines 	Medicines are substances used for the treatment of illnesses or diseases and maintenance of well-being.



What is It

Directions: Read and understand the paragraphs which describe the three components of consumer health. Answer the questions that follow on a sheet of paper.



Health Information

People get health information acquire accurate and appropriate health information based on their health needs media such as radio and television and through internet

Print materials such as magazines, journals, newspapers, books, pamphlets and posters are screened or edited before they are published to give correct information.

Educational institutions like schools, colleges or universities also provide information.

Health Products

People use and consume health products. These are food, cosmetics, drugs, gadgets, household substances and many others. These products may be bought from different places like stores, supermarkets, pharmacies or drugstores. An example of this is medicine a pill or liquid in form substance which is used to treat illnesses and to relieve pain.

Health Services

Health services provide health care to people.

Some of the health care providers are doctor, nurse, pharmacist and midwife.

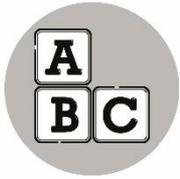
Different health services are offered in places or institutions that give healthcare services like hospital, drugstore and health clinic.

Health organization like Phil-Health, a public health insurance that gives medical assistance to its members and beneficiaries.

Red Cross, Department of Health (DOH) and community health centers are agencies that also provide health care.

Questions to be answered:

1. What is health information and its importance?
2. What is health products and its importance?
3. What is health service and its importance?



What's More

Direction: Fill in the box with the missing letters to complete the word or words related to components of consumer health. Write your answer in your paper.

1. Something which can be bought in the drugstores, malls and hospitals.

H h P s

2. A facility where injured and sick people look for medical treatment.

H l

3. A substance which is in a form of pill or liquid use to treat and relieves pain and illnesses.

M e

4. A global network that provides information from interconnected networks.

I t

5. It is a health service provided especially to sick people.

H C r



What I Have Learned

Direction: Complete the statement about the different components of consumer health by filling in the blanks with the correct word/s given in the rectangular box. Write your answer on a piece of paper.

Phil-Health pharmacy radio hospital television

1. Health information may come from media like _____ and _____.
2. Health Products can be bought from mall drugstores or _____ which can be use for health maintenance and treatment of illnesses.
3. _____ provides health care to people through medical and financial assistance.
4. Sick and injured people are given health services in the _____.



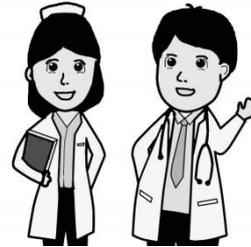
What I Can Do

Direction: Identify the picture and provide its purpose/function. Write you answers on a piece of paper.

1.



4.



2.



5.



3.



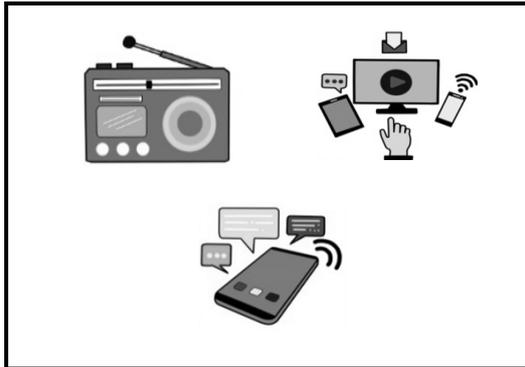
6.





Assessment

Direction: Describe the set of pictures in the given box by providing the component of consumer health and its importance. Write your answer on a sheet of paper.



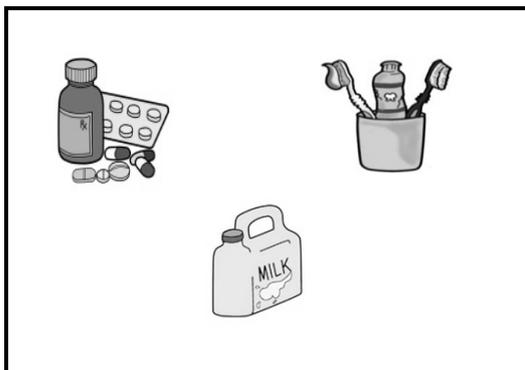
1. Radio, computer and cellphone
a. Component of Consumer Health

- b. Importance



2. Medical Professional, pharmacy and hospital
a. Component of Consumer Health

- b. Importance



3. Medicines, oral hygiene kit and milk
a. Component of Consumer Health

- b. Importance

Thank you for accomplishing this module. Congratulations!



Additional Activity

- A. Directions:** Match the following descriptions in Column A with Column B. Choose the letter of the correct answer. Write the answer on a separate sheet of paper.

Column A

1. These are procedures or works performed by health professionals, organizations or institutions to help the consumers on their health needs.
2. These are facts about health products and services that you can get from media and people including professionals and agencies.
3. These are materials or equipment prepared or manufactured for you to buy and use for maintenance and treatment of diseases.

Column B

- a. Health Products
- b. Health Services
- c. Health Information

- B. Directions:** Give what is being asked in each number below. Write the answer on a sheet of paper.

1. Enumerate the three components of consumer health.
2. Describe each component of consumer health.
3. Give at least 2 examples for each component of consumer health.



Answer Key

<p>What I Know</p> <p>A. 1. B 2. A 3. A 4. A 5. A B. 1. B 2. E 3. A 4. C 5. D</p> <p>What is It</p> <p>Pupils answers may vary</p> <p>What's More</p> <p>1. Health Products 2. Hospital 3. Medicine 4. Internet 5. Health Care</p>	<p>Additional Activities</p> <p>A. 1. B 2. C 3. A B. 1. Health Information, Health Products and Health Services 2 and 3 (Pupil's answers may vary)</p> <p>Assessment</p> <p>1. a. Health Information b. Sources of information 2. a. Health Services b. give health care and services to people 3. Health Products b. use to treat illnesses or diseases and maintain well-being</p>	<p>What I Have Learned</p> <p>Pupil's answers may vary.</p> <p>1. radio and television 2. stores, hospitals 3. Phil-Health What I Can Do</p> <p>1. Hospital – a place where the sick or injured persons are given medical or surgical care. 2. Phil-Health or government health agency-it provides financial assistance to its members and beneficiaries 3. A cellphone with internet- a connection to computers via routers and servers to provide health information. 4. Doctors or physicians- prescribes medicines to treat illness 5. Medicines- are used for treatment of illnesses or diseases and maintenance of well-being. 6. Barbershop-a place where people go to have a hair-cut.</p>
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References

Curriculum Guide in Grade Six

Learners' Material Health 10

Teaching Guide Health 10

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