

# Homeroom Guidance

## Quarter 1 – Module 4: Hello, My Future Self!



## **Homeroom Guidance Self-learning Module – Grade 7**

Quarter 1 Module 4: Hello, My Future Self!  
2020 Edition

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- Bureau of Learning Resources



# Homeroom Guidance Grade 7

## Quarter 1 – Module 4:

### Hello, My Future Self!

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#### **Gabay sa Magulang/Tagapag-alaga**

Isinulat ang modyul na ito upang gabayan ang mag-aaral na linangin ang kaniyang aspektong personal, sosyal, akademiko at karera. Dinisenyo ito sa alternatibong pamamaraan na pagkatuto na hindi nangangailangan ng presensya sa paaralan, bilang tugon sa direktiba na pinalabas ng Department of Education na naaayon sa Inter-Agency Task Force (IATF).

Maaaring may pagkakataon na hingin ng mag-aaral ang inyong patnubay sa pagsunod sa mga tagubilin at pagsagot sa mga tanong sa bawat bahagi ng gawain. Hinihiling ng DepEd ang inyong suporta upang matagumpay niyang maisakatuparan ang mga gawaing ito. Tiyakin na sasagutin niya ang bawat bahagi ng modyul nang tapat.

# Introductory Message

For the learner:

This module aims to help you identify factors related to life and profession, all designed for one week. You will write the activities on a piece of paper to be submitted to your adviser which will be included in your portfolio. Enjoy learning and doing your activities even in the midst of this Covid-19 Pandemic.

This self-learning module has six indicative tasks, which are as follows:

**Let's Try This** –which will help you to get ready to learn;

**Let's Explore This** – which will guide you towards what you need to learn;

**Keep in Mind** – which will give you the lessons that you need to learn and understand;

**You Can Do It** – which will help you apply the lessons learned in daily activities;

**What I Have learned** – which will test and evaluate your learning;

**Share Your Thoughts and Feelings** – which will help you express your thoughts, opinions and feelings.

Make sure to read, think, follow, and enjoy every task that you are asked to do.

Have fun! Stay safe and healthy!



# MODULE

# 4

## HELLO, MY FUTURE SELF!



### Learning Objectives

At the end of the session, you are expected to:

1. identify the factors to be considered in planning a future career;
2. recognize the importance of family, peers, media, significant person/s, and socio-economic status in choosing a profession; and
3. appreciate the importance of understanding the different factors related to life and profession.

**Period:** Week 8 of 1<sup>st</sup> Quarter

**Suggested Time Allotment:** 60 minutes

#### Materials Needed:

Clean sheets of paper/ bond papers  
Pencil/ Ballpen



### Introduction

Where do you want to go? In our present situation, there are restrictions that have to be followed. You might already be missing a lot of things especially seeing places, events and people. But more than that, where do you really want to go?

Have you ever tried to seriously ponder on where do you see yourself, maybe 10 or 15 years from now? Have you also imagined what you would be wearing; in what kind of environment you would be working or what you would be enjoying doing for eight hours or more of your day?

American political leader, inventor, and publisher Benjamin Franklin is credited with the saying, “If you **fail** to **plan**, you are **planning to fail!**”

This module aims to give you an overview on career planning. Knowing more about self, looking closely with your desired future profession, and setting for an action plan perhaps may better encourage Grade 7 students like you to be serious in taking careful little steps in planning your career.



### Let's Try This

**Suggested Time allotment:** 10 minutes

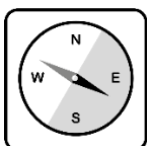
#### What do you want to be when you grow up? (Part 1)

Copy and answer the table on a clean sheet of paper. Write also your answers to the processing questions that follow.

Top 3 Most Preferred Careers	Required Skill/s / Training / Education	People who will help me achieve this career
1.		
2.		
3.		

Processing Questions:

1. Is it easy for you to think of your future career? Why or why not?
2. How will you achieve your most preferred career?
3. How can other people help you in achieving your future career?



### Let's Explore This

**Suggested Time allotment** : 20 minutes

Copy and answer the table on a clean sheet of paper. Write also your answers to the processing questions that follow.

## What do you want to be when you grow up? (Part 2)

	Column A	Column B	Column C	Column D	Column E
<b>Top 3 Most Preferred Careers</b>	Are your preferred careers influenced by a person who is very significant to you? If yes, why do you say so?	Are there members of your family or relatives with the same profession? If yes, list down their names and their relationship to you.	Identify who among your peers has the same choice of career?	Name popular people whom you know has the same career.	Do you think poverty is a hindrance in realizing your chosen career? If yes, what are your plans to surpass possible difficulties?
1.					
2.					
3.					

Processing Questions:

1. Identify two (2) columns that are most influential to you in choosing your career.
2. What do you think are columns A, B, C, D & E all about?
3. What are your realizations in doing the activity?



### Keep in Mind

**Suggested Time Allotment** : 10 minutes

There are many factors that may affect the career planning process and your choice of career. It is important that while you are discovering your interests, personality, needs, values, and skills, you are also aware that other factors may influence your choice of career. Your family, peer, socio-economic status, and the media may influence your future decision

1. **Family** – Your parents, siblings and other relatives may give some recommendations or advice regarding the best career for you. They may provide you with other options and opportunities. Before making your decisions it is important that you talk to your family.
2. **Peer** – Your peer may also influence your choice of career in the future. They may have the same interest as you do and they may help you in choosing the best option. They may help you in finding relevant information about your most preferred career.
3. **Socio-economic status** – Your family’s socio-economic status is also a factor in choosing your future career. In the career planning process, it is important that you consider the expenses / training, daily expenditures, and the amount that is allotted for your education or training. It is essential that you familiarize yourself with scholarships and other opportunities that may help you in achieving your future career.
4. **Media** – Radio, television, newspaper and online platforms may give valuable information about the career that you would like to pursue. You may look into the labor market information locally and globally, business opportunities and other related training programs that you can participate.
5. **Significant Person/s** – There are people in your life who may leave a great impact on the way you see yourself in the future. A common example is your favorite teacher or guidance counselor who inspires you to strive harder in your studies. It can also be your spiritual leader who believes in your ability and talents. A significant person can be anyone who makes you pursue the best version of your future self.



**You Can Do It!**

**Suggested Time Allotment** : 10 minutes

**Draw your Future Self**

On a clean sheet of paper, draw your future self. You may include your uniform, tools and equipment, your work environment and the people in your working environment.





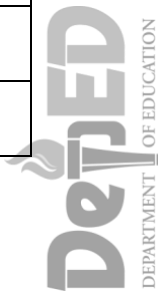
### What I Have Learned

**Suggested Time Allotment:** 5 minutes

Complete the following to express your takeaway or insights about the lesson.

#### *Planning for my Future Career*

As a grade 7 student I will...	
After grade 12 I plan to...	
After finishing my studies/ training I will...	
Ten to fifteen years from now I see myself as...	



### Share your Thoughts & Feelings

**Suggested Time Allotment** : 5 minutes

Share three (3) aspirations for yourself.

Today I learned about \_\_\_\_\_

I feel \_\_\_\_\_

because \_\_\_\_\_

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#### **For inquiries or feedback, please write or call:**

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