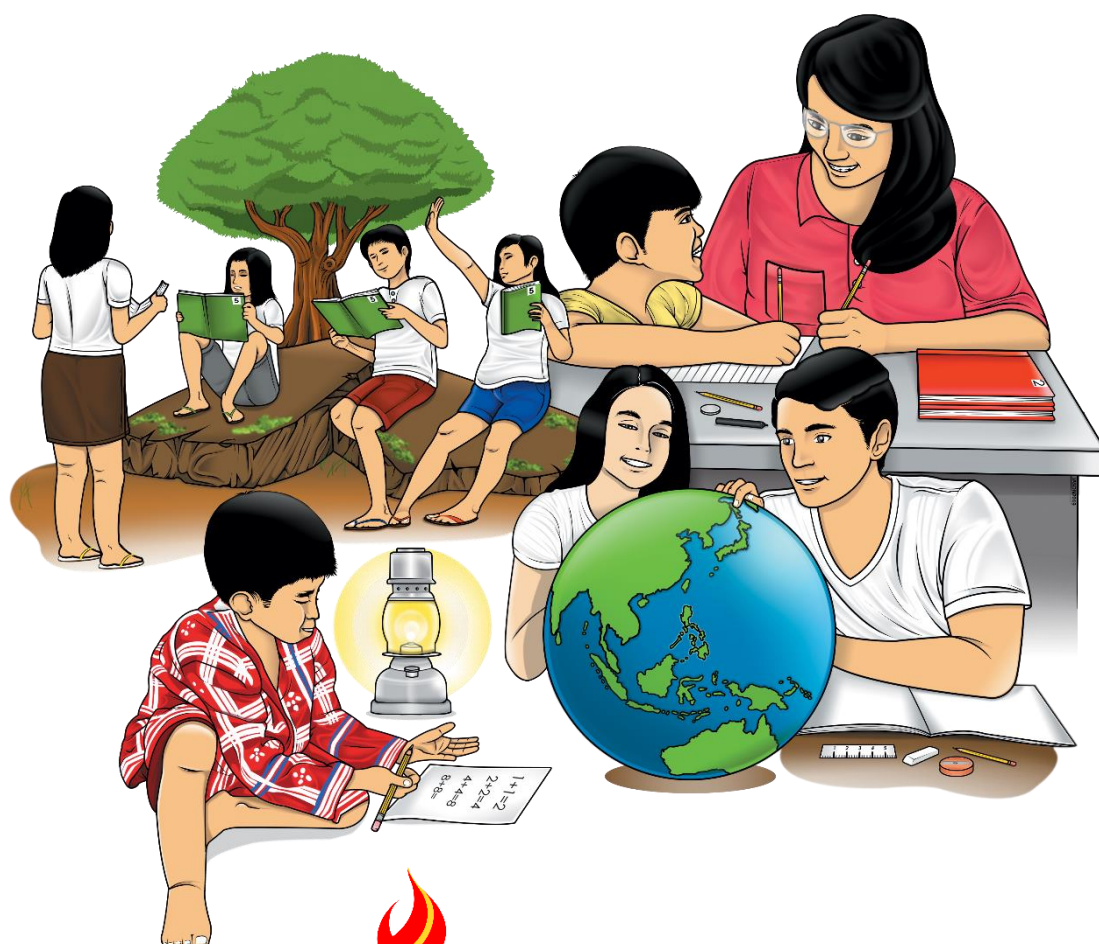


Technology and Livelihood Education Hairdressing

Quarter 2 – Module 1: Lessons 1 & 2
Scalp and Hair Treatment



TLE – Grade 9
Alternative Delivery Mode
Quarter 2 – Module 1- Lesson 1: Prepare Client
Lesson 2: Treat Hair Condition
First Edition, 2020

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Technology and Livelihood Education Hairdressing

**Quarter 2 – Module 1:
Scalp and Hair Treatment**

Lesson 1:

Prepare Client

Lesson 2:

Treat Hair Condition

Introductory Message

This Self-Learning Module (SLM) is prepared so that you, our dear learners, can continue your studies and learn while at home. Activities, questions, directions, exercises, and discussions are carefully stated for you to understand each lesson.

Each SLM is composed of different parts. Each part shall guide you step-by-step as you discover and understand the lesson prepared for you.

Pre-tests are provided to measure your prior knowledge on lessons in each SLM. This will tell you if you need to proceed on completing this module or if you need to ask your facilitator or your teacher's assistance for better understanding of the lesson. At the end of each module, you need to answer the post-test to self-check your learning. Answer keys are provided for each activity and test. We trust that you will be honest in using these.

In addition to the material in the main text, Notes to the Teacher are also provided to our facilitators and parents for strategies and reminders on how they can best help you on your home-based learning.

Please use this module with care. Do not put unnecessary marks on any part of this SLM. Use a separate sheet of paper in answering the exercises and tests. And read the instructions carefully before performing each task.

If you have any questions in using this SLM or any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator.

Thank you.



What I Need to Know

The hair is considered as the “crowning glory” of a woman. It can dramatically change a person’s look from homely to majestic. A properly groomed hair enhances your perception of beauty about yourself and relatively boosts your self-esteem and confidence. In history, royal priests and queens have lots of servants just to wash, comb, and fix their hair.

There are diverse techniques that we find just to groom our hair according to our personal desires. For those who can afford to have it done in a salon, they spend much of their money just to have their hair be styled accordingly. Some who can’t afford to avail salon services find time and efforts to groom their own hair by imitating popular hairstyles and hair colors.

Everyone desires for a perfect look, and searches for the best and fashionable hairstyle and haircut. With the advent of today’s technology, having the best hairstyle for you is no longer a problem. Technological advancement answers the need for our every inch demand for hairdressing.

The sixth (6) lesson covers the knowledge, skills, and attitude in preparing and performing scalp treatment to client. After completing the lesson, as a student you are expected to learn on how to:

L.O 1 Scalp and Hair Treatment

- 6.1 Determine client’s health and restrictions through consultation;
- 6.2 Analyze client’s scalp and hair condition following salon safety policies and procedures; and
- 6.3 Prepare and use protective clothing according to OHS.



What I Know

Pre-test

Directions: Please read and understand what is/are being asked in the question. Choose the letter of the correct answer. Write your answer on the separate sheet of paper.

1. What is a basic scalp manipulation by which the hairdresser cup the client's chin with left hand?
 - a. scalp massage
 - b. sliding movement
 - c. forehead movement
 - d. scalp movement
2. What is a basic scalp manipulation by which a hairdresser will place his/her left hand on the client's forehead, massaging from the right ear to the left ear along the base of the skull with the heel of your hand, using rotary movement?
 - a. scalp massage
 - b. ear-ear movement
 - c. forehead movement
 - d. scalp movement
3. What is part and parcel of good program of an enterprise like a beauty salon?
 - a. haircutting
 - b. rebonding
 - c. good housekeeping
 - d. eating
4. Which among the choices is not one of the housekeeping benefits?
 - a. Less accidents will happen.
 - b. There is effective utilization of space.
 - c. There is less wastage of time, effort, and money spent for repair and maintenance.
 - d. It decreases the morals of employees.
5. A first aid kit should have the following EXCEPT:
 - a. first aid booklet
 - b. sphygmomanometer
 - c. triangular bandages
 - d. antiseptic solution

Lesson

1

Hairdressing: Prepare Client

A healthy scalp should be clean and well stimulated. To attain this, give a scalp massage. A scalp massage is most effective when given continuously or regularly once a week for a normal scalp and more frequently for those with scalp disorders. This is given side by side with treatment by a dermatologist. If abrasions are present in the scalp, stop the massage.

This module covers the knowledge, skills, and attitude in preparing and performing scalp and hair treatment to clients.



What's In

PRE-ASSESSMENT

You will be challenged to dig deeper into your prior knowledge and previous salon experiences about preparing and performing scalp and hair treatment to clients. This phase will guide you in assessing yourself to further explore the core of Hairdressing NC II.

SKILLS TEST

Directions: Listed below are some of the most important skills that you must gain in order to render quality service in Hairdressing NC II. Read the skills carefully. Then write "Not much" if you are not really familiar, "A little" and "A lot" if you are familiar with the skill. Write your answers in your notebook.

Skills in shampooing and/or conditioning clients.	Not much	A little	A lot
1. Preparing clients prior to any salon services			
2. Doning of PPE according to salon safety and policies procedures			
3. Knowledge in analyzing hair and scalp conditions			
4. Garbage segregation			

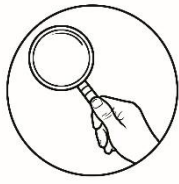


What's New

Learning Activity 1.1: Bring out your Activity Worksheet 1 result. Analyze results with your classmates' results. One by one study the different hair and scalp conditions. Alternatively explain each condition to other members of the classroom or a virtual group as facilitated by your teacher. Record a video or photos as a proof of the brainstorming session.

Evaluation Criteria for Learning Activity 6.1

Criteria	1 (Not Visible)	2 (Needs Improvement)	3 (Meets expectation)	4 (Exceeds Expectation)
Content Accuracy	Content is inaccurate and presented in an incoherent manner.	Content is accurate but not presented in a coherent manner.	Content is accurate and coherent but some information are lacking.	Content is accurate, coherent, and complete. Text is author's own concept.
Structure (Form)	No video/images.	Video or some of the images are inappropriate and editing and layouting is messy. Interview conducted was not well-prepared/organized.	Videos/Images are appropriate, but editing/layout is a little cluttered. Interview is sufficiently clear and organized.	Images are appropriate and layout is pleasing to the eyes. Interview is very clear and organized.
Grammar and Spelling	Spelling errors and grammatical errors detract from its content clarity.	All sections caption have few spelling and grammatical errors.	Almost all sections caption are clear and well-defined. Minimal spelling and grammatical errors.	No spelling errors. Each section caption is clear and well explained. Grammar is correct.



What is It

1.1 Review LO1 about analyzing client's scalp and hair conditions before moving on to the basic scalp manipulations, and LO2 about preparation of clients before undergoing salon services. Supply your knowledge and skill with the basic scalp manipulations right after.

1.2 Basic Scalp Manipulations

1. Scalp massage: Cup the client's chin in your left hand. Place your right hand at the base of your skull, and rotate the head gently. Reverse positions of your hands and repeat.

2. Sliding movement: Place your finger tips on each side of the client's head; slide your hands firmly upward, spreading the fingertips until they meet at the top of the head. Repeat four times.

3. Sliding and rotating movement: Same as the procedure in number 2 but this time, sliding the fingertips on the client's scalp in clockwise or counterclockwise direction. Repeat four times.

4. Forehead movement: Hold the back of the client's head with your left hand. Place your stretched thumb and the fingers of your right hand on the client's forehead. Move your hand slowly and firmly upward to one inch past the hairline. Repeat four times.

5. Scalp movement: Place the palms of your hands firmly against the client's scalp. Lift the scalp in a rotary movement, first with your hands placed above her ears, and second with your hands placed at the front and back of her head.

6. Hairline movement: Place the fingers of both hands at the client's forehead. Massage around the hair line by lifting and rotating.

7. Front scalp movement: From the front scalp, drop back one inch, repeat the preceding movement over the entire front and top of the scalp.

8. Back scalp movement: Place the finger of each hand on the sides of the client's head. Starting below the ears, manipulate the scalp with your thumbs, working upward to the crown. Repeat four times. Repeat thumb manipulations, working toward the center back of the head.

9. Ear-to-ear movement: Place your left hand on the client's forehead. Massage from the right ear to the left ear along the base of the skull with the heel of your hand, using rotary movement.

10. Back movement: Place your left hand on the client's forehead and stand to the client's left side. Using your right hand, rotate from the base of the client's neck, along the shoulder, and back across the shoulder blade to the spine. Slide your hand up the client's spine to the base of her neck. Repeat on the opposite side.

11. Shoulder movement: Massage from the base of the client's skull down the spine with a rotary movement. Using finger pressure, bring your hand slowly to the base client's skull.

1.3 Housekeeping in the Workplace

Good housekeeping in the workplace is part and parcel of good program of an enterprise like a beauty salon. It aims to protect both workers and clients. Protection means free from harm, accidents, fire, chemical hazards, and achieve an orderly and clean environment that promotes the health of everyone concerned.

Good housekeeping is more critical in a workplace that deals with the presence and use of tools, equipment and chemical substances. There must be a standard operating procedure in the handling, maintenance, and safekeeping of these tools, equipment and materials not only to prevent accident but also to extend their life use.

Specifically, good housekeeping gives the following benefits:

- Less accidents will happen.
- There is effective utilization of space.
- There is less wastage of time, effort, and money spent for repair and maintenance.
- It improves the morals of employees.
- It enhances productivity of workers.
- It adds to client's satisfaction.
- It motivates clients to come back for another service.
- It adds to the popularity and prestige of the place.
- It can bring in more income.

1.4 Safety Precaution in the Workplace

1. Refrain from smoking. This pollutes the air; it is prone to fire hazards and is a health risk to passive smokers.

2. Maintain silence at work. This keeps focus and reduces noise pollution.

3. Store everything before and after use. As they say: Have a place for everything and everything in its place.

4. Post danger and caution signs in strategic places.

5. In case of accidents, have a first aid cabinet on hand. Know what and how to give first aid before the arrival of the doctor.

6. Turn off lights, electric fans, air conditioners, and other electric-powered equipment. Unplug outlets before leaving the room.

7. Always give one last check of the area before closing the door.

8. Conduct fire and earthquake drills regularly to orient and familiarize workers on what to do in case of emergencies.

9. In case of fire, do the following:
- a. Pull down the alarm.
 - b. Turn off the main electrical switch.
 - c. Get the fire extinguishers from its book and direct its nozzle at the base of the fire.
 - d. Know the fire exits and direct everyone to move briskly one by one toward the exits.
 - e. If the workplace has been filled up with smoke, crawl on the floor to avoid fumes, then move forward the exits.
 - f. Always have presence of mind. Do not panic.

1.5 Waste Collection

All hair clippings and other wastes, including shaving lather and paper shall be collected after each hair treatment and placed in a refuse receptacle.

All soiled towels, cloths, and paper shall be placed in proper receptacle.

1.6 Waiting Room.

Waiting room shall be provided to customers.

1.7 Sanitary Practices for Control of Communicable Diseases

Every hairdresser shall provide service with extra care to a client who is suffering from an infectious skin disease, or is infested with head lice or some other parasitic infestation of the skin or hair. The client shall be advised to see a physician or dermatologist.

After completion of every service, the hairdresser shall:

- Immediately gather together all readily movable equipment and things used in the service of a customer and disinfect such equipment in the manner prescribed in these rules and regulations;
- Immediately destroy, disinfect or dispose in waste receptacle every paper, pad, swab, and things used in the service of such customer. In the case of towels, cloths and any coat or overall worn by the hairdresser, place such towels, cloths or coat or overall in a sealed container and at the first practicable opportunity disinfect the same in the manner prescribed in these rules and regulations;
- Clean hands by scrubbing them with a suitable brush, water and soap or antibacterial cleaning agent or any type specific in these rules and regulations; and
- Clean and disinfect all nippers, nail cutters, nail files, brushes, scissors, emery boards and similar instruments. The beveling machine and its attachments shall be cleaned prior to re-use.

Every hairdresser shall use personal protective equipment (PPE) like surgical or face mask for protection against air-borne particles when undertaking acrylic nail polishing or similar procedures.

1.8 Provision of First Aid Kit

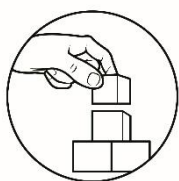
First aid officer is responsible in rendering first aid treatment to injured victims in accordance with the approved training. He/she is also responsible for ensuring that the first aid box is kept fully-stocked with medicines and first aid paraphernalia and always accessible. The first aid staff must always be ready to give immediate action. He/she must remain calm, careful, and not cause panic. He/she examines the victim, assesses the situation and plans the necessary action to be taken.

First Aid Kit should protect the items inside from dust and damp. The container should only be stocked with useful items. Do not keep the medicines on it. Here are some suggestions of what is a first aid container should have:

1. A first aid booklet or guide
2. Triangular bandages
3. Pair of disposable gloves
4. Gauze
5. Sterile, adhesive dressings
6. Cotton wool
7. Sterile eye pads
8. Safety pins
9. Wound dressings
10. Antiseptic solution
11. Eye bath
12. Medical wipes
13. Pair of tweeterz

1.9 Clean up and Sanitation

1. Discard used materials. Place unused supplies in their proper places.
2. Dispose soiled towels in hamper.
3. Remove hair from combs and brushes, disinfect in their proper places.
4. Clean the shampoo bowl and remove any loose hair.
5. Sanitize shampoo bowl after each client.
6. Wash your own hands with soap and warm water.



What's More

Learning Activity 1.2. Practice Scalp Manipulation having any of the family members as a dummy and present to the class a video or photo showing you doing the scalp manipulation. Utilize social media platforms in sharing or exchanging your expertise with your classmates.

Evaluation Criteria for Learning Activity 5.2

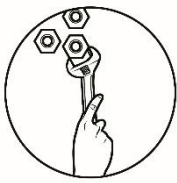
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What I Have Learned

Reminders:

1. Safety and security is a must in every industry.
2. Always remember that client's comfort is of top priority in every service that you render to clients.
3. Jewelry, accessories, and other valuable items should be kept in a safe place for client's safety and security.
4. Drape clients properly and with utmost privacy.
5. Give clients tender loving care.



What I Can Do

Learning Activity 1.3

DIRECTIONS: Do an actual demonstration in scalp manipulations. Allow your client to rate your performance based on the scorecard below. Record your performance rating and share it with your other classmates.

Scorecard for demonstrating blow-drying

Criteria	Perfect Score	Client's Score
1. Workmanship Are the skills required to perform the job acquired by the students?	30%	
2. Speed in Working Did the student finish the job on time?	30%	
3. Correctness of Procedure Did the students follow the procedure properly?	40%	
Total	100%	

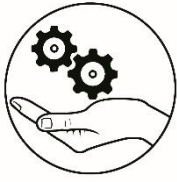


Assessment

SELF- CHECK 1.0

Multiple Choice: Read the questions below and write the letter of the correct answer on a separate sheet of paper.

1. How is a healthy scalp described?
 - a. clean
 - b. well-stimulated
 - c. dry
 - d. a and b
2. Which is most effective when given continuously or regularly once a week?
 - a. Treatment shampoo
 - b. Hair conditioning
 - c. scalp massage
 - d. hair trim
3. Which of the following is scalp manipulation where a hairdresser cups the client's chin with left hand, then places his/her right hand at the base of the skull and rotates the head gently?
 - a. Scalp massage
 - b. Sliding movement
 - c. forehead movement
 - d. hairline movement
4. When doing the sliding movement as one of the basic scalp manipulations, what you will do?
 - a. Place your finger tips on each side of the client's head and slide your hands firmly.
 - b. Cup the client's chin with left hand, then place right hand at the base of the skull, and rotate and head gently.
 - c. Place the palms of your hands firmly against the client's forehead.
 - d. Place fingers of both hands at the client's forehead.
5. As a hairdresser, what are you doing to do when abrasions are present?
 - a. Reschedule the massage session.
 - b. Start the massage
 - c. Stop, do not continue with the massage
 - d. Do the massage but skipping those areas with abrasions.



Additional Activities

Watch different videos on www.youtube.com about preparation of client for scalp and hair treatment service.

Other related videos to choose from:

1. <https://www.youtube.com/watch?v=c49DELtttI0>
2. <https://www.youtube.com/watch?v=e5W1aNXcFGw>
3. <https://www.youtube.com/watch?v=oA5ym1FPGzM>
4. https://www.youtube.com/results?search_query=seborrheic%20dermatitis%20scalp&pbjreload=10
5. <https://www.youtube.com/watch?v=mrwjTnH3p9g>



What I Need to Know

The hair is considered as the “crowning glory” of a woman. It can dramatically change a person’s look from homely to majestic. A properly groomed hair enhances your perception of beauty about yourself and relatively boosts your self-esteem and confidence. In history, royal priests and queens have lots of servants just to wash, comb, and fix their hair.

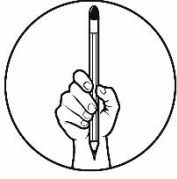
There are diverse techniques that we find just to groom our hair according to our personal desires. For those who can afford to have it done in a salon, they spend much of their money just to have their hair be styled accordingly. Some who can’t afford to avail salon services find time and efforts to groom their own hair by imitating popular hairstyles and hair colors.

Everyone desires for a perfect look, and searches for the best and fashionable hairstyle and haircut. With the advent of today’s technology, having the best hairstyle for you is no longer a problem. Technological advancement answers the need for our every inch demand for hairdressing.

The seventh lesson covers the knowledge, skills, and attitude in performing treatment on hair condition to client. After completing the lesson, as a student you are expected to learn on how to:

L.O.2: Treat hair condition

- 2.1 Select and prepare supplies/materials and hair treatment product;
- 2.2 Perform hair treatment following established or acceptable procedures;
- 2.3 Check results based on client’s desired outcome; and
- 2.4 Ensure client’s safety and comfort during the entire process



What I Know

Pre-test

Directions: Please read and understand what is/are being asked in the question. Choose the letter of the correct answer. Write your answer on a separate sheet of paper.

1. What treatment is carried out to moisturize severely dry scalps or hair?
 - a. scalp massage
 - b. hot oil treatment
 - c. forehead movement
 - d. scalp movement
2. Which hot oil treatment is simple to make since the ingredients are easily found in the kitchen?
 - a. homemade
 - b. commercial
 - c. jujube treatment
 - d. scalp movement
3. What hot oil treatments are commercialized or store-bought formulas?
 - a. homemade
 - b. commercial
 - c. jujube treatment
 - d. scalp movement
4. Which of the following is/are caused by the fungus called malassezia?
 - a. dandruff
 - b. eczema
 - c. blackheads
 - d. white heads
5. What causes excessive oil of the hair?
 - a. conservation of oil at the sebaceous glands
 - b. heredity
 - c. environmental stimuli
 - d. allergies

Lesson

2

Hairdressing: Treat Hair Condition

One way to fight all of the negative influences on the health of the hair is the use of hot oil treatment. When you apply hot oil treatment, the mixture between oil and the heat restores the hair's shine and gloss, and also gives the hair its bounce. The oil covers the hair shaft and seals the moisture into the shaft. This helps coat the split ends and gives the appearance of shiny and healthy hair. The oil conditions and detangles hair, prevents breakage when brushing or combing. The oil penetrates deep into the hair follicles effectively when a gentle massage into the scalp is applied. Massaging stimulates the circulation of the blood to the scalp and encourages production of its natural oil. Recommended application of hot oil treatment is once a week to keep hair moist and shiny.

This module covers the knowledge, skills, and attitude in performing treatment hair conditions (hot oil) to clients.



What's In

PRE-ASSESSMENT

You will be challenged to dig deeper into your prior knowledge and previous salon experiences about knowing and treating different scalp and hair conditions. This phase will guide you in assessing yourself to further explore the core of Hairdressing NC II.

SKILLS TEST

Directions: Listed below are some of the most important skills that you must gain in order to render quality service in Hairdressing NC II. Read the skills carefully. Then write "Not much" if you are not really familiar, "A little" and "A lot" if you are familiar with the skill. Write your answers in your notebook.

Skills in shampooing and/or conditioning clients.	Not much	A little	A lot
1. Preparing clients prior to any salon services			
2. Doning of PPE according to salon safety and policies procedures			
3. Knowledge in analyzing hair and scalp conditions			
4. Knowledge of different kinds of hot oil/hair spa treatments			
5. Safety procedures in the applications of hot oil/hair spa treatments			
4. After care and garbage segregation			



What's New

Learning Activity 2.1 As the continuation of the brainstorming activity you did in the previous lesson, make list of the possible hair conditions you have observed and noticed after making a thorough assessment of the dummy clients. Reserve the list as you go through with understanding about treatment of different hair conditions.

Evaluation Criteria for Learning Activity 2.1

Criteria	1 (Not Visible)	2 (Needs Improvement)	3 (Meets expectation)	4 (Exceeds Expectation)
Content Accuracy	Content is inaccurate and presented in an incoherent manner.	Content is accurate but not presented in a coherent manner.	Content is accurate and coherent but some information are lacking.	Content is accurate, coherent, and complete. Text is author's own concept.
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What is It

2.1 Selection and preparation of supplies/materials and hair treatment product

As hairdresser you must consider the following variables prior to giving salon service/s to your client/s:

1. Type of client

- Adult
- Young adult
- Teenager

2. Conducting pre-assessment for hair conditions and discussed with the clients the possible options he/she could choose from

3. Draping the client's based on the client's need and desired service following salon protocol and procedures.

4. Preparing the necessary Tools and Equipment, and Supplies and Materials to be used when rendering the treatment service/s to the client:

Tools and Equipment	Supplies and Materials
Blower Hair brush Wide Toothed Comb Mixing bowls, shampoo bowl/sink Hair clamps & clips Shoulder cape Steamer	Towel (small & big) Cotton wool Tissue Paper Shampoo Conditioner Oil, hair spa

2.2 *Performing hair treatment following established or acceptable procedures*

2.3 *Checking results based on client's desired outcome*

2.4 *Ensuring client's safety and comfort during the entire process*

HOT OIL TREATMENT

This treatment is carried out to moisturize severely dry scalps or hair. It is best to use good quality olive oil, as this is the most refined and purest oil with the most moisturizing qualities.

TWO KINDS OF HOT OIL TREATMENT

1. Homemade Hot Oil Treatment

Homemade hot oil treatments are simple to make and the ingredients are easily found in the kitchen. You can use natural oil like coconut, vegetable, canola, olive, or jojoba, or you may combine them. There are also simple and easy to follow recipes for hot oil treatment with the use of this natural oil. These are the treatments for dry hair, flaky scalp, for itchy scalp, for frizzy hair, hair growth, and more.

Another kind of hot oil treatment done at home is by using *kakang gata*. This is the first extract from grated coconut. All you need is a cup of hot water, one-piece calamansi, and one small size of grated coconut. Pour hot water into the grated coconut. Get the extract and strain it before using. Add the calamansi juice, when about to use. Apply on scalp one hour before shampooing.

Note: *Kakang gata* spoils easily. Prepare it one or two hours before using.

2. Commercial Hot Oil Treatment

Commercial hot oil treatments are store-bought formulas and are much convenient but more expensive than homemade hot oil. This can be purchased in any leading store that offers cosmetics and beauty products. This kind of product is in a form of oil, cream, or emulsion. This can be also applied on your own and it gives

the same benefit as the homemade hot oil does. These branded hot oil treatment products are the ones used in every salon because of their good results.

GIVING HOT OIL TREATMENT

SAFETY PRECAUTIONS

All sources that come into contact with clients' skin must be completely cleaned. This will help maintain a safe and hygienic working environment. In keeping the salon clean, you must always remember your personal cleanliness. Make sure to follow the standards for proper maintenance of health and hygiene to reduce risk of cross-infection.

PREPARATION OF THE CLIENT FOR HOT OIL TREATMENT

1. Protect the client with a gown, towel, and plastic cape secured with a section clip.
2. Seat the client at the workstation.
3. The hair should be sectioned into four (like a hot-cross bun), secure each section with a sectioning clip.
4. Prepare a tiny bowl with a small amount of olive oil and another much larger bowl filled with hot water.
5. Do not shampoo the hair as this procedure is carried out on dry hair.

PROCEDURE IN HOT OIL TREATMENT

1. Heat up a few tablespoons of oil by pouring them into the small bowl or bottle, then placing it in a larger bowl filled with hot water.
2. Roll a small length of cotton wool into a circular pad and test the temperature of the oil. Check the temperature with the client if the heat is tolerable enough; apply the warm oil to the scalp/hair using the cotton wool pad.
3. Place the completed section away from the client's face and take a new section directly underneath. Continue this procedure until all the hair has been covered with oil.
4. Start the scalp massage routine using effleurage movements.
5. Continue massage routine using petrissage movements.
6. When the scalp massage is complete, you may use the heat of hot towel or hood dryers to aid the penetration of the hot oil. But the best moist heat for this treatment is the application of a few hot towels or use of steamer if available.
7. Fold towels lengthways, if half and then lengthways again. Thoroughly wet the towel with hot water at the basin. Carefully wring out the towel as much as possible (it should not be dripping with water).
8. Check the temperature of the towel on your wrist before applying it to the client. As you apply the towel, ask the client if the temperature is satisfactory and, if so, wrap the towel on top of the head (the same as in shampooing procedure).
9. Leave the towel on the hair for approximately two minutes or until the towel has cooled. Remove cold towel and repeat the procedure with remaining towels.
10. Apply shampoo and massage using rotary movements to emulsify the oil thoroughly before adding any water to the hair. Repeat the shampooing process.

TREATING DANDRUFF

Dandruff is caused by the fungus called *malassezia*. Conditioners and shampoos with antifungal agents that control dandruff by suppressing the growth of the fungus are recommended to treat dandruff. There are also treatments that soften and loosen dandruff scales found in the scalp.

How to treat dandruff:

1. Prepare the client, tools, and materials needed. Position the client on the chair and drape with shampoo gown.
2. Wet hair and apply antidandruff shampoo. Massage the scalp and rinse.
3. Dry the hair using towel.
4. Apply an antidandruff conditioner on the hair.
5. Use a scalp steamer for almost five minutes to loosen the remaining dandruff crust.
6. Rinse thoroughly, then towel dry the hair.

Due to the ability of fungus to resist treatment, more salon treatment and the frequent use of antidandruff products at home is recommended.

TREATING SCALP AND OILY HAIR

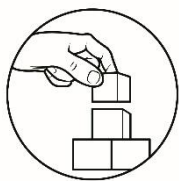
Excessive oiliness of hair is caused by the conservation of oil in sebaceous (oil) glands in the scalp. To prevent this from happening, massage scalp, squeeze, and press hand to increase blood circulation and to remove hardened sebum in the pores of the scalp.

Here is how to treat scalp and oily hair.

1. Prepare the client, tools, and materials needed. Position the client in the chair and drape the client.
2. Brush the client's hair for about five minutes.
3. Apply medicated scalp lotion using cotton.
4. Then dry the scalp using an infrared lamp or heated dryer. Do this for five minutes.
5. Massage the scalp.
6. Shampoo the hair using the shampoo for oily hair.
7. Rinse and towel dry the hair.

CLEAN UP AND SANITATION

1. Discard used materials. Place unused supplies in their proper places.
2. Dispose soiled towels in hamper.
3. Remove hair from combs and brushes, disinfect in their proper places.
4. Clean the shampoo bowl and remove any loose hair.
5. Sanitize shampoo bowl after each client.
6. Wash your own hands with soap and warm water.



What's More

Learning Activity 2.2. In a group or solo. Research about new products for hair and scalp treatment. Integrate sample pictures of these products which can be found in magazines, newspaper, and internet. Present it and share using any social media platforms.

Evaluation Criteria for Learning Activity 2.2

Criteria	1 (Not Visible)	2 (Needs Improvement)	3 (Meets expectation)	4 (Exceeds Expectation)
Content Accuracy	Content is inaccurate and presented in an incoherent manner.	Content is accurate but not presented in a coherent manner.	Content is accurate and coherent but some information are lacking.	Content is accurate, coherent, and complete. Text is author's own concept.
Structure (Form)	No images. Writing is vague and disorganized.	Some of the images are inappropriate and layout is messy. Writing is a little disorganized.	Images are appropriate, but layout is a little cluttered. Writing is sufficiently clear and organized.	Images are appropriate and layout is pleasing to the eyes. Writing is very clear and organized.
Grammar and Spelling	Spelling errors and grammatical errors detract from its content clarity.	All sections have few spelling and grammatical errors.	Almost all sections are clear and well-defined. Minimal spelling and grammatical errors.	No spelling errors. Each section is clear and well explained. Grammar is correct.

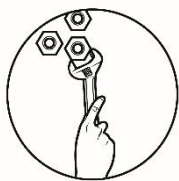


What I Have Learned

1. Safety and security is a must in every industry.
2. Always remember that client's comfort is the top priority in every service that you rendered to them.
3. Jewelry, accessories, and other valuable items should be kept in safe place for client's safety and security.

4. PREPARATION OF THE CLIENT FOR HOT OIL TREATMENT

- a. Protect the client with a gown, towel, and plastic cape secured with a section clip.
- b. Seat the client at the workstation.
- c. The hair should be sectioned into four (like a hot-cross bun), secure each section with a sectioning clip.
- d. Prepare a tiny bowl with a small amount of olive oil and another much larger bowl filled with hot water.
- e. Do not shampoo the hair as this procedure is carried out on dry hair.



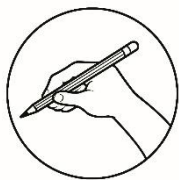
What I Can Do

Learning Activity 2.3

DIRECTIONS: Do an actual demonstration in one of the treatment services to clients. Allow your client to rate your performance based on the scorecard below. Record your performance rating and share it with your other classmates.

Scorecard for Demonstrating Blow-Drying

Criteria	Perfect Score	Client's Score
1. Workmanship Are the skills required to perform the job acquired by the students?	30%	
2. Speed in Working Did the student finish the job on time?	30%	
3. Correctness of Procedure Did the students follow the procedure properly?	40%	
Total	100%	



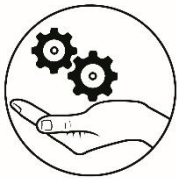
Assessment

SELF- CHECK 2.0

Multiple Choice: Read the questions below and write the letter of the correct answer on a separate sheet of paper.

1. When you apply hot oil treatment, what does the mixture between oil and heat restore?
 - a. hair's shine and gloss
 - b. hair bounce
 - c. a and b
 - d. relaxation for rich people
2. The oil covers the hair shaft and seals the moisture into which part?
 - a. hair tips
 - b. hair shaft
 - c. scalp
 - d. skull

3. Which of the following helps coat the split ends and gives the appearance of shiny and healthy hair?
 - a. scalp massage
 - b. shampooing
 - c. hot oil treatment
 - d. conditioning treatment
4. Below are benefits of regular and periodic hot oil treatment EXCEPT:
 - a. detangles
 - b. prevents breakage
 - c. conditions
 - d. helps in straightening the hair
5. What do we call hot oil preparation made at home?
 - a. homemade hot oil treatment
 - b. commercially-prepared hot oil treatment
 - c. Watson's Organic
 - d. healing miracle ointment

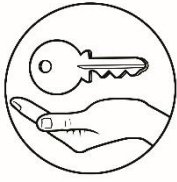


Additional Activities

Watch different videos on www.youtube.com about preparation of client for scalp and hair treatment service.

Other related videos to choose from:

1. <https://www.youtube.com/watch?v=c49DELtttI0>
2. <https://www.youtube.com/watch?v=e5W1aNXcFGw>
3. <https://www.youtube.com/watch?v=oA5ym1FPGzM>
4. https://www.youtube.com/results?search_query=seborrheic%20dermatitis%20scalp&pbjreload=10
5. <https://www.youtube.com/watch?v=mrwjTnH3p9g>



Answer Key ***Lesson 1***

Pretest	1. A 2. B 3. C 4. D 5. B
Self-Check 6.0	1. D 2. C 3. A 4. A 5. C

Answer Key ***Lesson 2***

Pretest	6. B 7. A 8. B 9. A 10. C
Self-Check 7.0	6. A 7. B 8. D 9. C 10. A

References

Lesson 1

1. Basbas, David and Elizabeth Tejan. 2008. A Head Start to Hairdressing. Pearson Education: Australia.
2. Church, Charlotte at al. 2002. Hairdressing: Level 2. The Interactive Textbook. Routledge, New York
3. Department of Health. 1976 Code of Sanitation of the Philippines, P.D. 856, Sec. 6.
4. Patino-Del Rosario, Mary Jane. 2016. Hairdressing, Vol. I. Rex Book Store Inc.: Manila
5. TESDA. 2016. Training Regulations Hairdressing NC II.

References

Lesson 2

1. Basbas, David and Elizabeth Tejan. 2008. A Head Start to Hairdressing. Pearson Education: Australia.
2. Church, Charlotte at al. 2002. Hairdressing: Level 2. The Interactive Textbook. Routledge, New York.
3. Department of Health. 1976 Code of Sanitation of the Philippines, P.D. 856, Sec. 6.
4. Patino-Del Rosario, Mary Jane. 2016. Hairdressing, Vol. I. Rex Book Store Inc.: Manila.
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