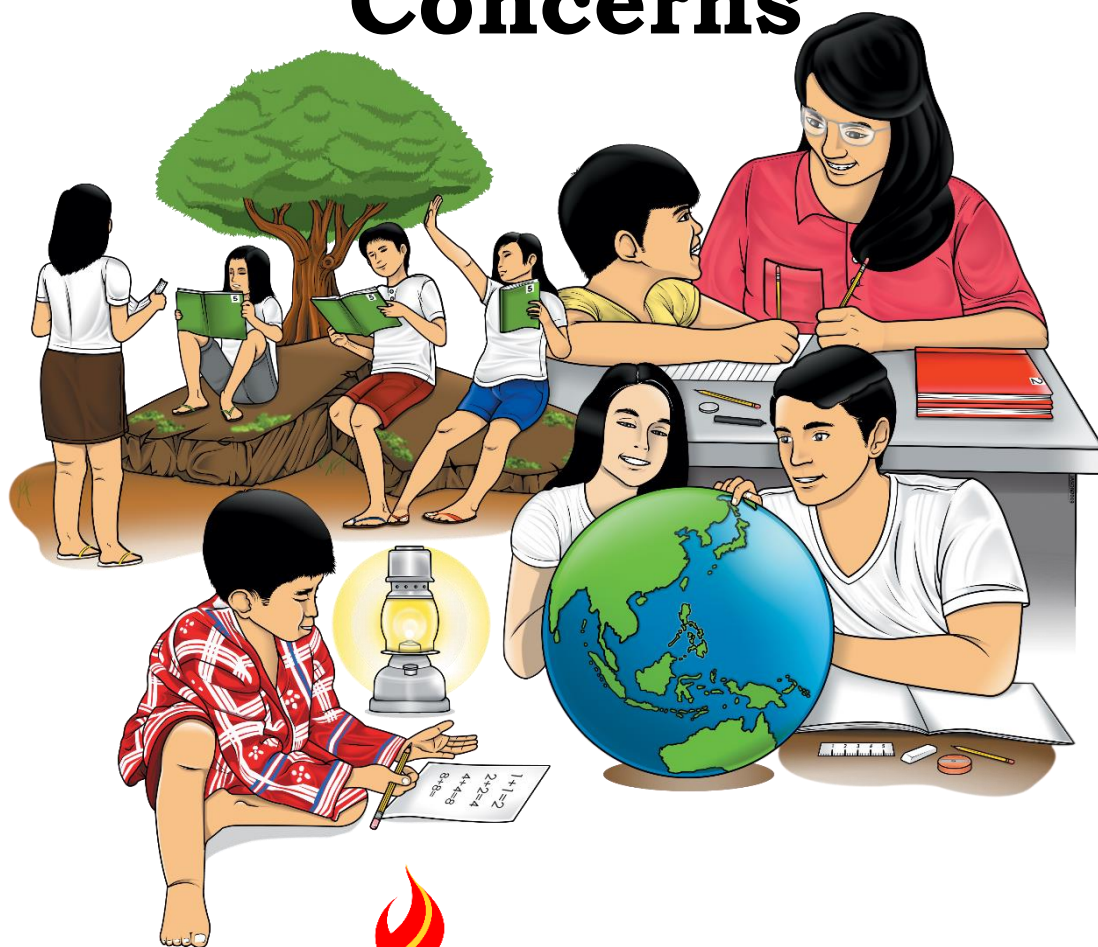


Health

Quarter 2 – Module 4: Managing Health Trends, Issues, and Concerns



Health – Grade 10
Alternative Delivery Mode
Quarter 2 – Module 4: Managing Health Trends, Issues, and Concerns
First Edition, 2020

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Health

Quarter 2 – Module 4:

Managing Health Trends, Issues, and Concerns

Introductory Message

This Self-Learning Module (SLM) is prepared so that you, our dear learners, can continue your studies and learn while at home. Activities, questions, directions, exercises, and discussions are carefully stated for you to understand each lesson.

The SLM is composed of different parts. Each part shall guide you step-by-step as you discover and understand the lesson prepared for you.

Pretest is provided to measure your prior knowledge on lessons in each SLM. This will tell you if you need to proceed on completing this module or if you need to ask your facilitator or your teacher's assistance for better understanding of the lesson. At the end of each module, you need to answer the posttest to self-check your learning. Answer keys are provided for each activity and test. We trust that you will be honest in using these.

In addition to the material in the main text, Notes to the Teacher are also provided to our facilitators and parents for strategies and reminders on how they can best help you on your home-based learning.

Please use this module with care. Do not put unnecessary marks on any part of this SLM. Use a separate sheet of paper in answering the exercises and tests. Read the instructions carefully before performing each task.

If you have any questions in using this SLM or any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator.

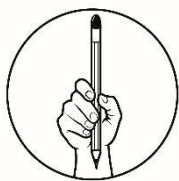
Thank you.



What I Need to Know

After going through this module, you are expected to:

1. recommend ways of managing health issues, trends, and concerns
(H10HC-IIe-g-5).



What I Know

Directions: Answer the following by checking the appropriate column.

Ways of managing health issues, trends, and concerns	Recommended	Not Recommended
1. Show proofs of purchase such as sales receipts, warranties that will support a complaint.		
2. Report complaint to the nearest police station.		
3. Blood centers shall be strategically established in every province and city nationwide.		
4. Voluntary blood donation shall be included and given emphasis in health subjects of schools.		
5. Always keep your social media account private.		
6. Use only one password in every online account.		
7. Protect your computer system against intruders by installing Anti-Virus and by activating your firewall.		
8. Initiate a background investigation of a person's social media account who is not known to you personally before befriending or accepting a friend request.		
9. The Department of Education shall integrate into its curriculum appropriate information on responsible parenthood and reproductive health.		
10. Private and public schools shall provide young people a supportive environment where they have access to services with regard to teenage problems.		

Module 4

Managing Health Trends, Issues and Concerns



What's In

It needs a collaborative effort to achieve the best level of health and wellness on the community as well as national level.

This module discusses recommendations on how to handle health trends, issues, and concerns in the country.



What's New

Activity 1: Sentence Completion

Directions: Complete the following statements. Write your answers in your activity notebook.

What would happen if ...

1. victims of fraudulent sale will not file complaints?

2. you keep your social media accounts in public?

3. a young mother gets pregnant every year?

4. nobody wants to donate blood?

5. cybercrimes are not reported to the authority?

6. liquor and cigarettes were sold to minors?

7. drivers do not use seat belt?

8. waste materials are not properly disposed?



What is It



How should health issues, trends and concerns be handled?

Illustrated by: Christian Rey Ricarze

A. The Consumer Act of the Philippines

What steps can a consumer take if he or she has a complaint?

1. Identify the problem	What do you think is the way to solve the problem? Would any of the following options do: <ul style="list-style-type: none">• Refund?• Repair?• Replace?
2. Show proof of purchase	Show proofs of purchase such as sales receipts, warranties that will support your complaint.
3. Report the complaint	Report the complaint to the proper authority. Explain the problem and tell clearly what action you would like to be taken (refund, repair, or replacement of the item).
4. Write a letter of complaint	If you are not pleased with the response, write a letter of complaint to the consumer protection agency concerned. Give the details, state your name and address; the name and address of the establishment against whom you are complaining; the circumstances regarding the complaint including names, dates, places, etc. enclose supporting documents.

B. Responsible Parenthood and Reproductive Health Act

The Department of Education shall integrate into its curriculum complete, accurate and relevant age and development appropriate information on responsible parenthood and reproductive health, respectful of culture and religious convictions, for integration across all subjects, key areas, among others:

- a) Rights of the Child;
- b) Child Health and Nutrition;
- c) Child and Adolescent Development;
- d) Gender and Development;
- e) Life skills;
- f) Age-appropriate Sexuality Education;
- g) Population and development;
- h) Marriage and family
- i) Prevention of STIs, including HIV; and
- j) Recognition and elimination of gender-based violence.

The DepEd shall also institute regular monitoring and reporting on the integration of responsible parenthood and reproductive health information in the formal, non-formal, community-based education and indigenous learning systems.

Private and public schools, as avenues for development, shall provide young people a supportive environment where they have access to the following services with regard to teenage problems, among others:

- Counseling and psycho-social support services;
- Facilities for information on prevention of risky behaviors, including addiction;
- Facilities for information on prevention and diagnosis and proper management/treatment of STIs; and

Facilities for information and referral to service providers.

C. The Philippine AIDS Prevention and Control Act of the Philippines

How can you help a person living with HIV?

Talk
Listen
Learn
Encourage treatment
Support medication adherence



Illustrated by: Christian Rey Ricarze

Provision of timely, accurate, adequate, appropriate and relevant HIV education and information shall empower person and communities to think and act

in ways that protect themselves from HIV infection, minimize the risk of HIV transmission and decrease the socio-economic impact of HIV/AIDS.”

This is the purpose of The Philippine National AIDS Council, a policy making body mandated by law to oversee a comprehensive and integrated HIV/AIDS prevention and control program.

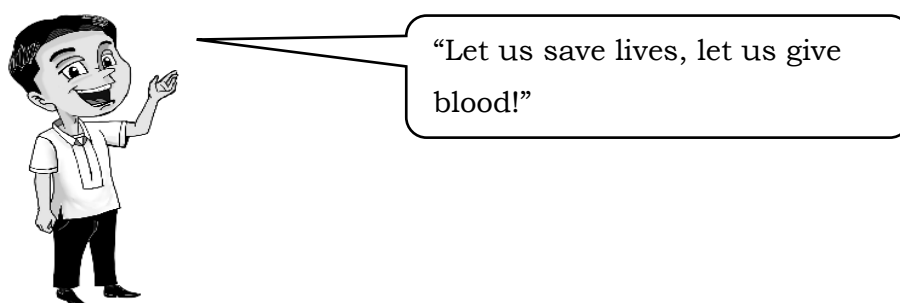
The HIV/AIDS education and information offerings shall make appropriate use of the multi-media, namely:

- a. Face-to-face instruction as in tutorials, classes, seminars, workshops and discussion groups;
- b. Print materials as in modules and other self-instructional materials, brochures, flyers, comic books, and magazines;
- c. Audio and audio-visual activities; and
- d. HIV/AIDS distance education where self-instructional materials are sent to the target audience in accordance with adult learning principles.

HIV/AIDS education and information shall be conducted at the following levels:

- a. Individual
- b. Group
- c. Organization or institution
- d. Community
- e. Barangay
- f. Municipal
- g. Provincial
- h. Regional
- i. National

D. National Blood Services Act of 1994



Illustrated by: Christian Rey Ricarze

In order to ensure adequate supply of human blood, voluntary blood donation shall be promoted through the following:

a) Public Education – The Department of Health (DOH) is hereby authorized to set aside funds and generate financial support for all sectors involved in the collection and processing of blood from voluntary blood donors through a system of reimbursement for costs for patients who can afford to pay or from donations from government and private institutions. Voluntary donors shall

likewise be provided non-monetary incentives as may be determined by the Department.

b) Promotion in Schools – The benefits and rationale of voluntary blood donation shall be included and given emphasis in health subjects of schools, both public and private, at the elementary, high school and college levels.

c) Professional Education – The DOH, the Philippine Blood Coordinating Council (PBCC), the Philippine Society of Hematology and Blood Transfusion (PSHBT), the Philippine Society of Pathologists (PSP), the Philippine Medical Association (PMA), the Philippine Association of Medical Technologists (PAMET) and the Philippine Nursing Association (PNA) are encouraged to conduct for their respective members and as part of the continuing medical education, trainings on the rational use of blood and blood products including the merits of voluntary blood donation.

d) Establishment of Blood Services Network – Blood centers shall be strategically established in every province and city nationwide within the framework of a National Blood Transfusion Service Network spearheaded by the DOH, in coordination with the Philippine National Red Cross (PNRC). The collection of blood in various areas in the community, such as schools, business enterprises, barangays, and military camps shall be promoted.

e) Walking Blood Donors – In areas where there may be inadequate blood banking facilities, the walking-blood-donor concept shall be encouraged and all government hospitals, rural-health units, health centers and barangays in these areas shall be required to keep at all times a list of qualified voluntary blood donors with their specified blood typing.

E. Cybercrime Prevention Act of 2012



Illustrated by: Jerson Rod A. Acosta

Cybercrime Prevention Tips

Always keep your social media accounts private.
Use a unique password in every online account.
Protect your computer system against intruders by installing Anti-Virus and by activating your firewall.
Remember the phrase, "TOO GOOD TO BE TRUE".
Initiate a background investigation of a person's social media account who is not known to you personally before befriending or accepting a friend request.

(<http://pnp.gov.ph/news-and-information/2155-cybercrime-prevention-tips>)



Reporting of Cybercrime Incidents

Illustrated by: Christian Rey Ricarze

Step	Complainant/s (See Checklist No. I)	Person In-Charge	Procedure/Action Required	Documentary Requirements	Fee	Duration of Activity
1	Report complaint regarding Cybercrime incidents thru : 1. Walk-In Office of the Cybercrime(OOC) 3rd Floor, De Las Alas Bldg. Department of Justice P. Faura St., Ermita Manila 2. DOJ Website: www.doj.gov.ph 3. E-mail: cybercrime@doj.gov.ph 4. Telephone Number: 526-2747 / 521-8345 5. Letter Report 6. Referral	Assigned Staff Office of the Cybercrime (OOC)	Receives the complaint, logs in the record book, and provides the complainant a receiving copy. Contacts reporting party for additional information and requirements.	See Checklist No. III	None	1 day Within 5 days from receipt
2	Receive the receiving copy.	OOC	Studies the complaint and gathers evidence.		None	Within 3 days
3		OOC	Issues Preservation Orders addressed to the Service Providers (SP) upon request of NBI/PNP.	Preservation Orders	None	1 day
4		OOC/NBI/PNP	Administers oath, issues subpoena and summons witnesses to appear in an investigation or proceedings.	Subpoena / Checklist No. III-A	None	1 -5 days
5		OOC/NBI/PNP	Conducts enforcement operations, if warranted.	Court /Search Warrant	None	1-10 days
6		OOC/NBI/PNP	Conducts forensic examination.		None	60 days
7		OOC/NBI/PNP	Files the complaint with the National Prosecution Service (NPS).		None	1 day
8		Prosecutor	Requires the appearance/testimony of the complainant and/or his/her witness/es.	Subpoena	None	
End of Transaction						

*See [Checklist](#)

(https://www.doj.gov.ph/reporting_cybercrime.html)

Checklist

I. Who may file a complaint?

- A. Private individuals:
 - 1. Minors
 - 2. Of legal age
- B. Juridical entities
 - 1. Private institutions (any person duly authorized by the board thru resolution)
 - 2. Government
 - a. Government agencies and instrumentalities
 - b. Government-owned and Controlled Corporation (GOCC)
 - c. Public corporations
 - 3. Quasi-public
- C. Enforcement Authorities initiated intelligence reports
 - 1. Philippine National Police
 - 2. National Bureau of Investigation
 - 3. Office of the Cybercrime (OCC)

II. Cybercrime Incidents/Offenses

- A. Offenses against the Confidentiality, Integrity, and Availability of Computer Data and Systems:
 - 1. Illegal Access
 - 2. Illegal Interception
 - 3. Data Interference
 - 4. System Interference
 - 5. Misuse of Devices
 - 6. Cybersquatting
- B. Computer-Related Offenses:
 - 1. Computer-Related Forgery
 - 2. Computer-Related Fraud
 - 3. Computer-Related Identity Theft
- C. Content-Related Offenses:
 - 1. Cybersex
 - 2. Child Pornography
 - 3. Libel
- D. Other Offenses:
 - 1. Aiding or Abetting in the Commission of Cybercrime

III. Documentary Requirements

- A. Complaint Affidavit / Sworn Statement;
NOTE: *For complainant outside the Philippines, affidavit duly subscribed and sworn to before a Philippine Consul Officer is needed, unless for public offenses. If complainant is minor, he/she shall be assisted by parents, guardian, and registered social worker.*

- B. Attachments / evidence to support their claims (screenshots, receipts, etc.)

F. National Environmental Awareness and Education Act of 2008 (RA No. 9512)

In consultation with experts on the environment and the academe, various agencies shall integrate environmental education in their curricula and shall lead in the implementation of public education and awareness programs on environmental protection and conservation through collaborative interagency and multi-sectoral effort at all levels.

1. Department of Science and Technology (DOST)
 - The DOST is mandated to create programs that will ensure that students receive science-based quality information on environmental issues to encourage the development of environment-friendly solutions, devices, equipment and facilities.
2. Department of Environment and Natural Resources (DENR)
 - The DENR shall have the primary responsibility of periodically informing all agencies concerned on current environmental updates, including identifying priority environmental education issues for national action, and providing strategic advice on the environmental education activities. The DepEd, CHED, TESDA, DENR, DOST, DSWD and barangay units shall ensure that the information is disseminated to the subject students.
3. Other relevant agencies:
 - Department of Education (DepEd)
 - Department of Social Welfare and Development (DSWD)
 - Commission on Higher Education (CHED)
 - Technical Education and Skills Development Program (TESDA)

G. Comprehensive Dangerous Drugs Act of 2002 (RA No. 9165)

The Comprehensive Dangerous Drugs Act of 2002 is a policy imposed by the government to deal with the country's problem with illegal drugs, particularly how it affects the youth. It also aims to protect the integrity of all Filipinos from the harmful effects of danger on their physical and mental well-being.

To pursue a serious and an intensive campaign against the use of dangerous drugs and other similar substances the following shall be subjected to undergo drug testing:

- (a) Applicants for driver's license
- (b) Applicants for firearm's license and for permit to carry firearms outside of residence
- (c) Students of secondary and tertiary schools
- (d) Officers and employees of public and private offices
- (e) Officers and members of the military, police and other law enforcement agencies

- (f) All persons charged before the prosecutor's office with a criminal offense having an imposable penalty of imprisonment of not less than six (6) years and one (1) day
- (g) All candidates for public office, whether appointed or elected both in the national or local government, shall undergo a mandatory drug test.

The government and society should be responsible in controlling the use of dangerous drugs and preventing its use.

Here are some of the agencies that help in the prevention and control of drug use and the rehabilitation of drug dependents.

1. Dangerous Drugs Board (DDB)

This agency plans and formulates policies and programs on drug prevention and control. It develops and adopts a comprehensive, integrated, unified and balanced national drugs abuse prevention and control strategy.

2. Philippine Drug Enforcement Agency (PDEA)

This is the lead agency in the fight against illegal drugs. This agency implements or causes the efficient and effective implementation of the national drug control strategy formulated by the DDB.

3. Department of Health (DOH)

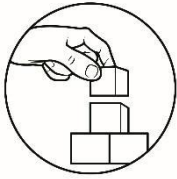
This agency is mandated to regulate, oversee, and monitor the integration, coordination and supervision of all drug rehabilitation, intervention, aftercare and follow-up programs, projects, and activities.

4. National Bureau of Investigation (NBI)

NBI is tasked with the enforcement of the penal and regulatory provisions of Republic Act No. 9165 (R.A. 9165), otherwise known as the Comprehensive Dangerous Drugs Act of 2002.

5. Philippine National Police (PNP)



The PNP, though prevented to conduct anti-drug operations, shall maintain close coordination with the PDEA on all drug-related matters such as gathering, processing and validating anti-drug information and monitoring of drug personalities, including self-confessed drug users and pushers who voluntarily surrendered nationwide



What's More

ACTIVITY 1: Problem-solution Chart

You have experienced a problem with a pair of pants that you bought as a gift. You discovered that it is not the right size for your friend. What will you do? Follow the problem-solution chart as you find a way to solve the problem. Follow also the steps you learned in this lesson when complaining as a consumer.

Problem	<div style="border: 1px solid black; height: 60px; width: 300px; border-radius: 10px;"></div>
	
Solution	<div style="border: 1px solid black; height: 60px; width: 300px; border-radius: 10px;"></div>
	
Outcome	<div style="border: 1px solid black; height: 60px; width: 300px; border-radius: 10px;"></div>

ACTIVITY 2: Slogan on Drug Prevention

Directions: Make a slogan about helping remind young people to avoid dangerous drugs. Use not more than 12 words.

Assessment:

Directions: Make simple research on one of the agencies discussed in this module which you are interested in. Please include in your research the following:

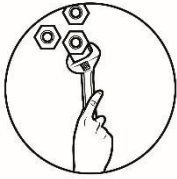
1. Brief background
2. Role of the agency
3. Health issues encountered (give at least two)
4. Your own ways of addressing the issues

Rubric

Accuracy of Information	10
Alignment of Recommendations	10
Coherence	5
Grammar and Mechanics	5

***What I Have Learned***

In recommending ways of managing health trends, issues, and concerns, everybody must be aware of the different health-related laws for this will help everyone achieve the optimal level of health and wellness in the community.



What I Can Do

Congratulations!
You are almost done.



Illustrated by: Christian Rey Ricarze

Be Aware!

In 2-3 paragraphs, answer the question below. Write your answers in your activity notebook.

As a Grade 10 student, how could you protect yourself from Cybercrime?

A large rounded rectangular box with a black border, containing 15 horizontal lines for writing. The lines are evenly spaced and extend across the width of the box.



Assessment

Directions: What appropriate action should be taken when the following acts are violated? Cite at least three possible recommendations.

**The Consumer Act of
the Philippines**

**Responsible
Parenthood and
Reproductive Health
Act**

**The Philippine AIDS
Prevention and
Control Act of 1998**

**Comprehensive
Dangerous Drugs Act
of 2002**

**National Blood
Services Act of 1994**

**Cybercrime Prevention
Act of 2012**



Additional Activities

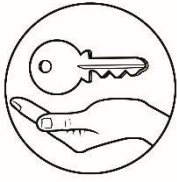
SPEAKER OF THE HOUSE

1. Pretend that you are a lawmaker.
2. You authored a law that you will be presenting to the public.
3. Select one act/law from the different issues.
4. Write a speech that includes the title of the act, its descriptions, provisions, its impact, and recommendations when the law is violated.

Be cool and relax. Just submit your output when you are done. No time limits.



Illustrated by: Christian Rey Ricarze



Answer Key

What I Know

PRETEST

Recommended

Not Recommended

Recommended

Recommended

Recommended

Recommended

Recommended

Recommended

Recommended

Recommended

Assessment 1:

NOTE: Answer of the students may vary.

What's In

Activity 1: Sentence Completion

NOTE: Answer of the students may vary.

What More

Activity 1:

NOTE: Answer of the students may vary.

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