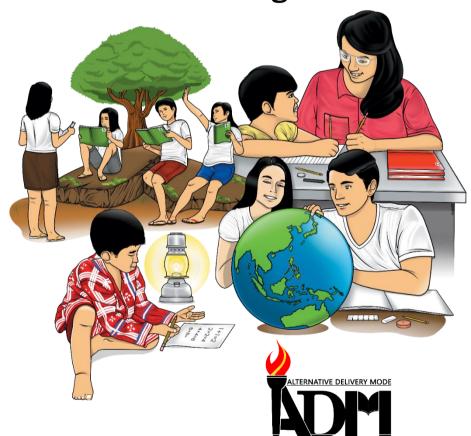




Technology and Livelihood Education

Quarter 1 - Module 6
Prepare Cut Parts, Assemble and
Sew Ladies Skirt

Dressmaking NC II



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Dressmaking NC II



Dressmaking – Grade 10 Alternative Delivery Mode

Quarter 1 - Module 6: Prepare cut parts and assemble, sew ladies skirt

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Secretary: Leonor Magtolis Briones

Undersecretary: Diosdado M. San Antonio

Development Team of the Module

Writer: Romana T. Laoyan Editors: Catherine G. Goddi Reviewer: Jonalyn C. Ambrona

> Mary Jane N. Malihod Catherine G. Goddi

Illustrator: Layout Artist:

Management Team: Estela Leon-Cariño

Carmel F. Meris Rosita C. Agnasi

Marie Carolyn B. Verano Christopher C. Benigno

Juliet C. Sannad Mary Jane N. Malihod Armi Victoria Fiangaan Brenda M. Cariño

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Telefax: (074) -422 -4074 E-mail Address: car@deped.gov.ph

Introductory Message

This Self-Learning Module (SLM) is prepared so that you, our dear learners, can continue your studies and learn while at home. Activities, questions, directions, exercises, and discussions are carefully stated for you to understand each lesson.

Each SLMS is composed of different parts. Each part shall guide you stepby-step as you discover and understand the lesson prepared for you.

Pre-tests are provided to measure your prior knowledge on lessons in each SLM. This will tell you if you need to proceed on completing this module or if you need to ask your facilitator or your teacher's assistance for better understanding of the lesson. At the end of each module, you need to answer the post-test to self-check your learning. Answer keys are provided for each activity and test. We trust that you will be honest in using these.

In addition to the material in the main text, Notes to the Teacher are also provided to our facilitators and parents for strategies and reminders on how they can best help you on your home-based learning.

Please use this module with care. Do not put unnecessary marks on any part of this SLM. Use a separate sheet of paper in answering the exercises and test. And read the instructions carefully before performing each task.

If you have questions in using this SLM or any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator. Thank you.



Notes to the Teacher

This contains helpful tips or strategies that will help you in guiding the learner.

For the facilitator:

Hi, as a facilitator you are expected to orient the learners on how to use this module. You also need to keep track of the learners' progress while allowing them to manage their own learning. Kindly, advise the learner's parents or guardians of the same procedure since they will be the primary supporters in the learners' progress. Please, do not forget to remind the learner to use separate sheets in answering all of the activities found in the learning module.

For the learner:

Hello learner, Welcome to the dressmaking NC II Alternative Delivery Mode (ADM) Module on preparing cut parts, assembling and sewing ladies skirt. I hope you are ready to progress in your Grade 10 TLE in Dressmaking with this learning module. This is designed to provide you with interactive tasks to further develop the desired learning competencies prescribed in our curriculum. With this, you are expected to appreciate sewing through the information and activity given.

This module has the following parts and corresponding icons:

ICON	LABEL	DETAIL
	What I Need to Know	This contains the learning objectives which you need to accomplish.
	What I know	This evaluates what you know about the lesson you are to learn.
	What's In	This connects the current lesson with a topic necessary in your understanding.
	What's New	This introduces the lesson through an activity.
9	What Is It	This contains a brief discussion of the learning module lesson.
	What's More	These are activities to check your understanding of the lesson.
	What I Have Learned	This summarizes the important ideas presented in the lesson.
	What I Can Do	This is a real-life application of what you have learned.
	Assessment	This is a post assessment of what you have learned.
00	Additional Activity	This is an activity that will strengthen your knowledge about the lesson.

At the end of this module you will also find:

References

This is a list of all sources used in developing this module.

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Lesson

6

Preparing cut parts in assembling and sewing ladies skirt

The following are some reminders in using this module:

- 1. Use the module with care. Do not put unnecessary mark/s on any part of the module. Use a separate sheet of paper in answering the exercises.
- 2. Don't forget to answer *What I Know* before moving on to the other activities included in the module.
- 3. Read the instruction carefully before doing each task.
- 4. Observe honesty and integrity in doing the tasks and checking your answers.
- 5. Finish the task at hand before proceeding to the next.
- 6. Return this module to your teacher/facilitator once you are through with it.

If you encounter any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator. Always bear in mind that you are not alone.

We hope that through this material, you will experience meaningful learning and gain deep understanding of the relevant competencies. You can do it!



What I Need to Know

This module was designed and written to guide you to acquire the learning competencies and develop your skills in assembling and sewing ladies skirt in Dressmaking. The scope of this module permits it to be used in many different learning situations. The language used recognizes the diverse vocabulary level of students. The lessons are arranged to follow the standard sequence of the course. However, the order in which you read the module can be changed to correspond with the textbook you are now using.

Quarter/Week Q1/W6

Learning Competency Code TLE_HEDM9-12SK-Ie -1-3

Learning Competency

Ladies skirt

Logarment parts for Ladies skirt

3.1 Prepare cut parts

3.2 Assemble and sew ladies skirt

Learning Objectives:

After going through this module, you are expected to:

- 1. identify the cut parts for assembling and sewing ladies skirt;
- 2. follow the steps in assembling and sewing ladies skirt;
- 3. perform the correct steps in assembling and sewing ladies skirt; and,
- 4. develop traits such as ingenuity, resourcefulness, creativity, independence and passion towards learning.



ACTIVITY 1

Directions: Multiple Choice. Choose the letter of the best answer. Write the chosen letter on the answer sheet provided.

1. This is a part of ladies skirt which is	attached to the waistline.
A. Zipper	B. Dart
C. Waistband	D. Pocket
2. It is a fastener appropriate for ladie	s skirt placket.
A. Button	B. Hook and eye
C. Zipper	D. Snap
3. It is a combination of machine and	hand stitching in garment
construction.	
A. Assembling	B. Preparing
C. Sewing	D. Stitching
4. This is used to combine two pieces of	of fabric together, by pinning and
basting for garment.	
A. Prepare	B. Assemble
C. Stitch	D. Sew
5. The temporary stitch made by hand	l before final sewing is done.
A. Sew	B. Stitch
C. Baste	D. Assemble
6. These are the joining of two or more	e pieces of fabric to form a
garment.	
A. Seam	B. Slash
C. Hem	D. Trim
7. This is a method which is to cut thro	ough the center fold of dart,
curve line and center seam.	
A. Slash	B. Baste
C. Trim	D. Cut
8. This is a method which is to cut rag	ged edges, ravelled thread or
part of seam allowance.	
A. Slash	B. Baste
C. Trim	D. Cut
9. This is used to provide opening of a	garment for ease in putting on
and putting off.	
A. Placket	B. Waistband
C. Fastener	D. Seams
10. It is a strip of fabric encircling the	waistline at the top of a skirt or
pants.	D
A. Placket	B. Waistband

C.	Fastener	D. Seams	
11. What is the us	ual length of the zipper	use for A-line skirt	with
zipper at back?)		
A. 1	l6 inches long	B. 12 inches lor	ng
C. 8	8 inches long	D. 3 inches long	g
12. The standard v	width of a finished wais	tband for ladies skir	t is ?.
A. ¹	½ inch	B. ¼ inch	
C.	1 ½ inch	D. ¾ in	
13.The position of	the finished zipper at t	he back part of skirt	should
be ?			
A. Right of	over left	B. Left over right	
C. 1/8 inc	ch both side of zipper	D. ½ inch both side	e of zipper
14. What is the ap	opropriate stitching for	waistband to finish?	
Α. σ	edge stitching	B. Back stitchir	0
	Topstitching	D. Stay stitching	_
15. The first step	in assembling and sewi	ing a ladies skirt is $_$;
A.	Sewing	B. Assembling	
C.	Preparing	D. Basting	



In assembling and sewing a ladies' skirt. It is important to prepare the needed tools and material, supplies and equipment in sewing, before assembling and sewing a garment, like ladies' skirt.

Look at the illustration below, the cut parts of A-line, ladies skirt.

• What are the things to prepare before assembling?







ZIPPER





ACTIVITY 2

SCRAMBLE PROCEDURE: Rearrange the letters to form a word. Write your answer in the answer sheet .

1.									
S	М	Т	0	Н	Е	D			
2.	_								
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4.	1	1			<u> </u>				
Α	Y	U	T	0	L				
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5.	1/	N.			N 4		7		
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6									
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D	0	L	T	E	R	F	N	С	Е
7.								С	Е
D	O A	L T	T	E A	R	F M	N	С	Е
7.								С	Е
7.								С	Е
7. L 8.	A	Т	E	A	R	M		С	Е
7.								С	Е
7. L 8.	A	Т	E	A	R	M		С	Е
7. L 8. N 9.	A	Т	E	A P	R	M			Е
7. L 8.	A	Т	E	A	R	M			E
7. L 8. N 9.	A	T	E	A P	R	M		C	E
7. 8. N 9. S	A	T	E	A P	R	M			E
7. L 8. N 9.	A	T	E	A P	R	M			E



What is sewing?

Sewing is a combination of sewing machine and hand stitches . It used for the major seams of the garment, while hand stitching are used primarily for temporary stitches or basting and for finishing the garment .

Assembling is joining cut pieces of fabric together, using basting or by pinning before machine stitching.

Sewing Terms:

- 1. Stay stitching -used along bias and curved edges to prevent fabric stretching.
- 2. Backstitching- is used to secure the ends of a row of stitching.
- 3. Topstitching is a row of stitching done on the outside of a garment.
- 4. Edge stitching is arow of topstitching very close to the finished edge.
- 5. Stitch-in-the-Ditch a row of stitching done on the outside of a garment in the Groove of a seamline .
- 6. Hem is to turn the raw edge under the fold, as the lower edge of a skirt, pants, sleeve and blouses.
- 7. Placket a finished opening in a garment made for convenience in putting on and off the garment.
- 8. Seam is joining of two or more pieces of fabric to form a garment.
- 9. Baste a temporary stitch made by hand before final sewing is done
- 10. Seam allowance a space between the cut edge of the fabric and the stitching line.
- 11. Waistband a band encircling the waistline at the top of a skirt or pants.
- 12. Slash a cut through the centerfold of a dart or curve part.
- 13. Trim a cut off ragged edges or part of a seam allowance to rduce bulk/fold.
- 14. Fasteners are made to hold the opening of a garment which ease in putting on and off.

Preparing ,assembling and sewing a ladies skirt

Assembling and sewing A-line skirt with zipper at back

- 1. Prepare the cut pieces of fabric for ladies skirt.
- 2. Pin and baste all the darts front and back of ladies skirt and sew.



3. Prepare the 8 inches long zipper for the back opening.



4. Join the center back, leaving 8 inches for zipper attachment then sew.



5. Prepare zipper and attach to the left side of back part ,atleast $\frac{1}{2}$ " overlap and 1/16 " at The right side back part as shown in the illustration .Left over right .



6. Join the front and back sides of ladies skirt, then edge stitch.



7. Edge stitch the bottom circumference of the ladies skirt.



8. Prepare the waistband for the ladies skirt, 2 inches center fold width with allwoance and length waist measure plus 3 inches long ($1\frac{1}{2}$ " finished waist band)





9. Attach $\frac{1}{2}$ " on one side of the waistband to the waistline of ladies skirt, then sew.



10. Slash the inside seam of the waistband, as illustrated.



11. Close both ends of the waistband ,wrong side together, as illustrated





12 . Fold inside the $\frac{1}{2}$ " allowance of the waistband to finish .





13. Topstitch the fold waistband allowance on the right side of the waist band ,as illustrated.



14. Waistband 1 ½ inch finished.



FINISHED - A- LINE SKIRT



What's More

ACTIVITY 3: True or False: Write <u>/</u> if the statement is correct and write **X** if the statement is wrong. Write your answer in the answer sheet.

- ____1. The hemming is the first step to sew in sewing a ladies skirt.
 - _2. Fastener like zipper should be attached before the waistband.
- ____3. The finshed zipper of ladies skirt, should be left over right.
 - 4. The seam allowonce for ladies skirt is one inch fo plain seam.
- ___5. Ladies skirt dart is sewn after the attaching of waistband.
- ___6. Machine stitching should always be use in hemming the ladies skirt
- _7. Basting is a permanent stitches in a garment.
- _8. Hem is joining of two or more pieces of fabric to form a garment.
- ____9. The topstitch is a stitching done outside the garment.
- ____10. The zipper is a kind of placket used in putting on and putting off a garment.



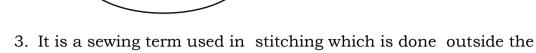
What I Have Learned

ACTIVITY 4: Word Search: Pick and combined the needed letters to identify what is the missing word. Write your answer in the answer sheet.

1. A strip of fabric attach to the waistline of a skirt or pant.



2.	This is a kind of fastener with teeth and slider used in a garment
	opening.

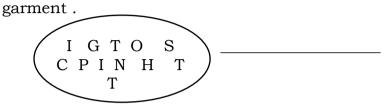


Ι

Ε

Z

R



4. The temporary stitch by hand before final sewing in the machine is done.



4. This is a stitching done at the edge of the garment to prevent from raveling the raw edge .

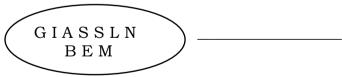


6. The joining of twor or more pieces of fabric to form a germent is .?



7. Is a combination of sewing machine and hand stitches.

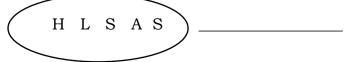
8. The process of combining cut pieces of fabric together.



9. It is a fold or to turn under a raw edge ,as the lower edge of a skirt, pant ,sleeve and Blouses .



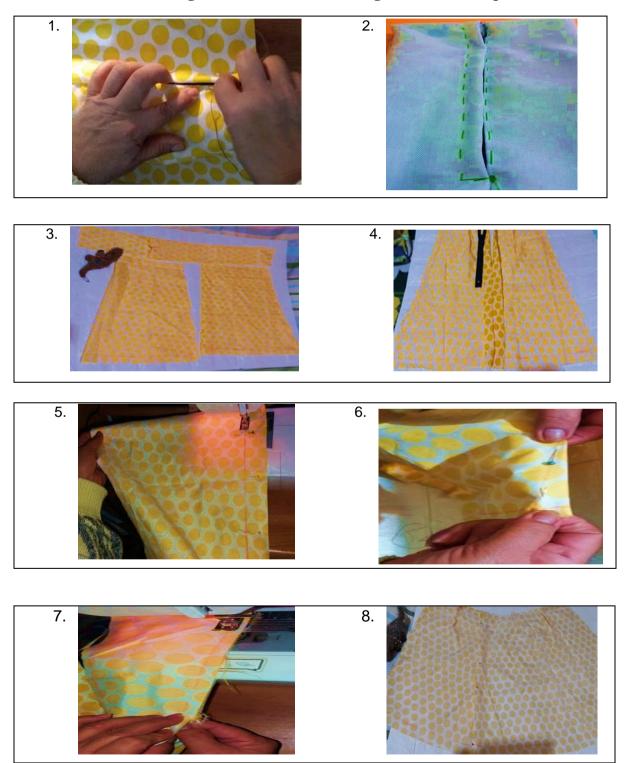
10. To cut through the centerfold of a dart or curve part to reduce bulk .

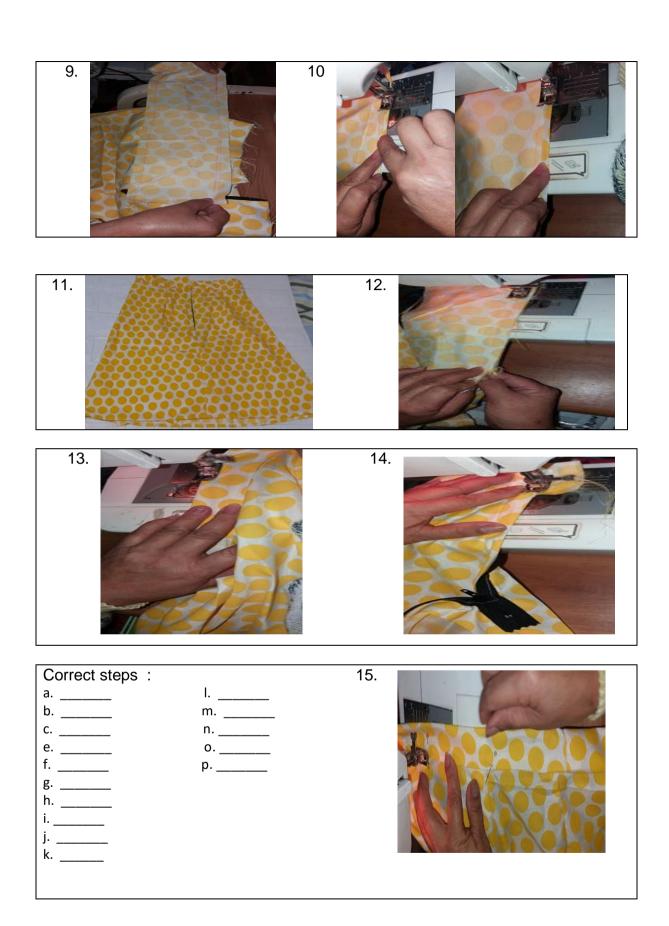




ACTIVITY 5

Sequencing: Analyze the picture in assembling and sewing ladies skirt, rearrange the number according its correct steps.







Post-Assessment

ACTIVITY 6

Directions: Multiple Choice .Choose the letter of the best answer. Write the chosen letter in an answersheet.

1. What is the usual length of the zippe	r use for A-line skirt with zipper
at back?	
A. 16 inches long	B. 12 inches long
C. 8 inches long	D. 3 inches long
2. The standard width of a finished wai	stband for ladies skirt is?
A. ½ inch	B. ¼ inch
C. 1 ½ inch	D. ¾ in
3. The position of the finished zipper at	the back part of skirt should be
A. Right over left	B. Left over right
C. 1/8 inch both side of zipper	D. ½ inch both side of zipper
4. What is the appropriate stitching us	
A. edge stitching	B. Back stitching
C. Topstitching	D. Stay stitching
5. The first step in assembling and sew	ring a ladies' skirt is?
A. Sewing	B. Assembling
C. Preparing	D. Basting
6. The part of a ladies skirt which is att	ached to the waistline.
A. Zipper	B. Dart
C. Waistband	D. Pocket
7. It is a fastener appropriate for ladies	s skirt placket.
A. Button	B. Hook and eye
C. Zipper	D. Snap
8. It is a combination of machine and h	nand stitching in garment
construction.	
A. Assembling	B. Preparing
C. Sewing	D. Stitching
9. It is to join two pieces of fabric toget	her, by pinning and
basting in assembling garment.	
A. Prepare	B. Assemble
C. Stitch	D. Sew
10. This is a temporary stitch made by	hand before final sewing is
done.	
A. Sew	B. Stitch
C. Baste	D. Assemble
11. This is a strip of fabric encircling th	e waistline at the top of a skirt
or pants.	
A. Placket	B. Waistband
C. Fastener	D. Seams

12. This is the join	ning of two or more piec	es of fabric to form a
garment.		
A. 3	Seams	B. Slash
C. 1	Hem	D. Trim
13. This is a method	od which is to cut throug	gh the center fold of dart,
curve line and	center seam.	
A.	Slash	B. Baste
C.	Trim	D. Cut
14. This is a method	od which is to cut ragged	l edges, ravelled thread or
part of seam a	llowance.	
A. 3	Slash	B. Baste
C. '	Trim	D. Cut
15. This is used to	provide opening of a gar	ment for ease in putting on
and putting off	•	
A.	Placket	B. Waistband
C.	Fastener	D. Seams



Additional Activity

ACTIVITY 7

WORD SEARCH: Search the 15 sewing terms. Write your answer in the answer sheet.

М	Α	R	K	-1	Ν	G	Т	D	S	G	D	S	С	Р
Y	Q	Y	С	Y	R	R	Ν	Y	М	V	Ν	L	J	G
K	W	Z	М	U	1	Q	Н	-	E	Y	Α	Α	Z	V
Α	R	×	В	K	U	Р	D	0)	W	O	В	_	В	J
М	Н	G	Ø	I	Ι	Z	Т	R	- 1	Е	Т	R	L	С
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Ν	Z	L	Ι	G	S	Е	R	F	Α	М	I	Т	O	R
I	D	Α	Ø	Р	- 1	0	V	В	U	D	Α	Α	C	В
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Т	Е	U	Р	D	L	0	F	R	Е	Т	Z	Е	C	Z
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×	F	O	Ø	Т	Ι	D	М	V	٦	8	K	V	0	U



What I Know	What's New	What's More
5.1 5.2 6.8 5.5 6.4 6.7 5.8 5.9 5.11 5.11 5.21 5.41 5.31	1.methods 2. hints 3. cutting 4. layout 5. marking 6. center fold 7. material 8. pattern 9. crosswise 10. selvage	
٠,١		

What I Have Learned	What I Can Do	Assessment
18612 .01		1.c
шәу:6		2.c
8.assembling		3.a
gniwəs.7		4.c
meəs.3		5.c
5.edgestitching		6.c
4.basting		7.b
3.topstitching		8.d
z.S.		9.b
1. waisttband		10.c
		11.b
Additional Activity		12.b
		13.c
		14.c
		15.c

1. preparing 2. skirt 3. sewing 4. fabric 5. cutting

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For inquiries or feedback, please write or call:

Department of Education - Bureau of Learning Resources (DepEd-BLR)

Ground Floor, Bonifacio Bldg., DepEd Complex Meralco Avenue, Pasig City, Philippines 1600 Telefax: (632) 8634-1072; 8634-1054; 8631-4985

Email Address: blr.lrqad@deped.gov.ph * blr.lrpd@deped.gov.ph Telefax: (632) 8634-1072; 8634-1054; 8631-4985